

ISSUE
8

YOUR CREATIVE
COMPANION

Through *the*
NEEDLE

ONLINE

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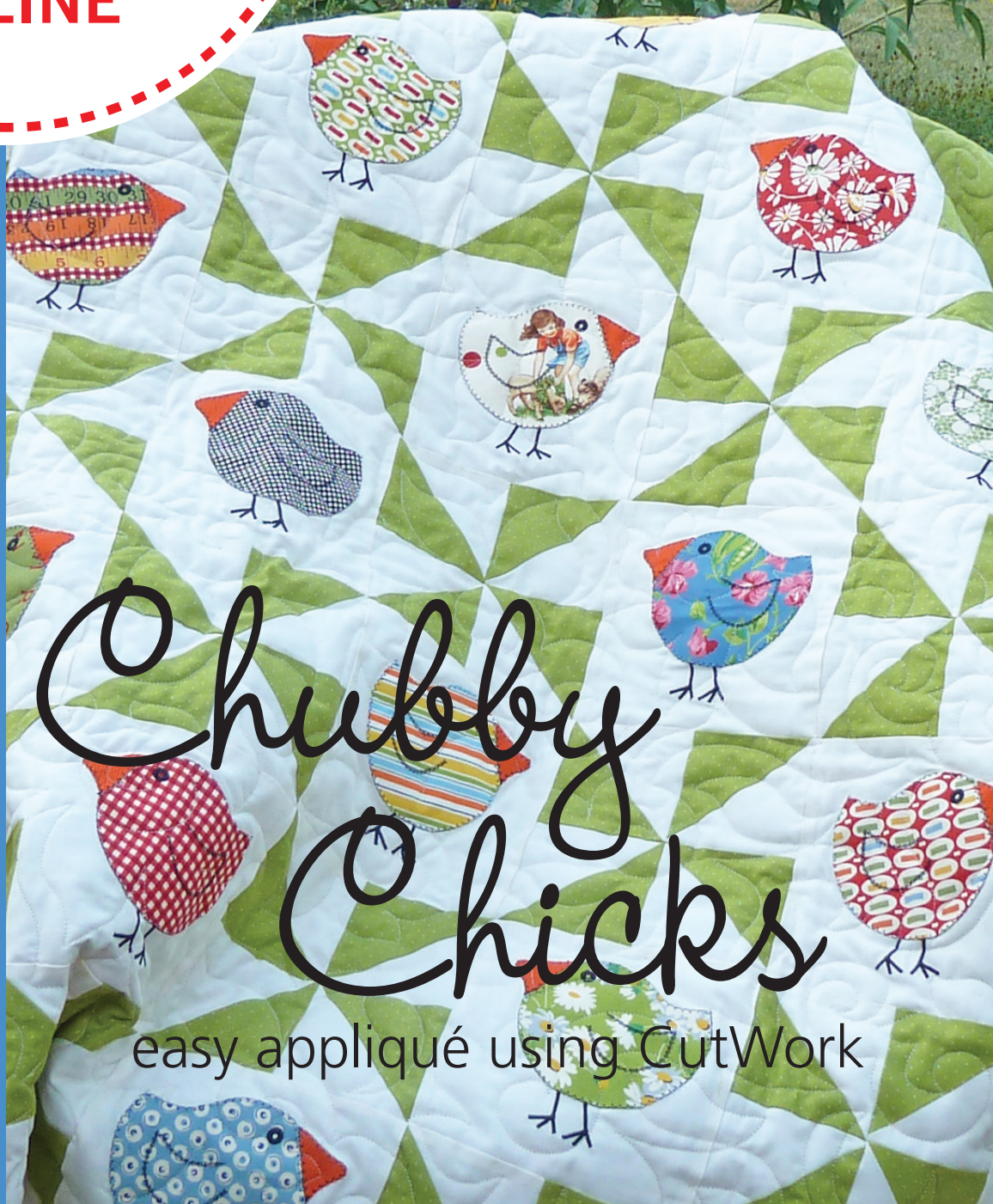
Endless Embroidery Blanket



Take-out Gift Box



Peace Love Joy Towels



Chubby
Chicks

easy appliqué using CutWork

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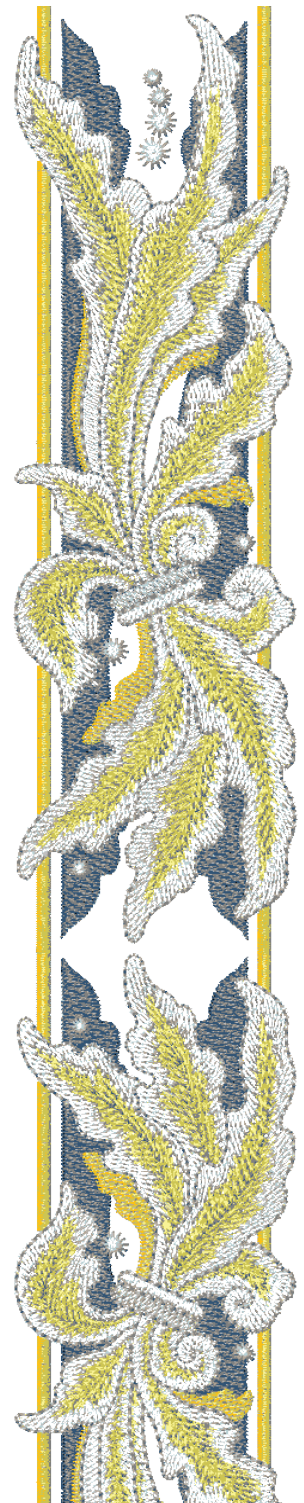
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The Last Word

- 21 Valuable coupons, a list of quick links, and a sneak peek inside the next issue of *Through the Needle ONLINE*.



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Needle Notes

Here in western North Carolina the leaves have just begun to change color; in a few weeks magical colors will paint the mountainsides in shades of yellow, orange, and red, signaling the return of autumn. It's a stunning reminder that the winter holidays are only a few months away and I haven't started my gift sewing! Fortunately, this issue of *Through the Needle ONLINE* has projects for all of us to get ready for those festive occasions.

To get into the holiday spirit, embroider a pile of pretty tea towels. Kimberly Kohus shows how to digitize a simple applique surrounded by holiday greetings. Then get out your stash of holiday fabrics and stitch up a series of Charlene Phillips' sweet little gift boxes. They're perfect for wrapping small and hard-to-wrap items such as gift cards, wrapped candies, jewelry, or other small treasures.

Linda White provides quick-and-easy instructions for updating a plain pair of jeans for young fashionistas with embroidery and a splash of bleach. Ready for something with a little more embroidery? Debbi Lashbrook combines beautiful designs from OESD's Tuscan Garden collection to embellish a jacket with panache.

Looking forward a few months, prepare to welcome a springtime baby with an adorable quilt. Lisa Klingbeil demonstrates her process for cutting all those little shapes using the BERNINA CutWork Software and Tool – so much easier than doing them all by hand!

Have you checked out the new BERNINA USA blog? Visit www.WeAllSew.com for sewing inspiration and project instructions; you'll also find creative ideas and show-and-tell photos from our staff and readers.

As always, we'd love to see what you've been sewing! Send photos of your favorite projects to jo@berninausa.com. Best wishes for a beautiful autumn – perfect weather for sewing! See you again in December!

Jo Leichte
Jo Leichte
Editor



we all

SEW

Billboard Messenger Bag

Looking for a sturdy way to tote your books around town? This messenger bag fits the bill! It's roomy enough to hold your belongings, even when you're carrying a heavy load. The secret? Recycled billboard material!

Project by Stacy Schlyer

Visit WeAllSew.com for more project instructions and sewing tips!

PEACE ❁ LOVE ❁ JOY



by KIMBERLY KOHUS

These festive guest towels pack a lot of punch for just a little digitizing! The Auto Appliqué and Wreath tools in BERNINA Embroidery Software 6 make this project super simple. For other seasons or events, simply update the fabric and change the words that frame the appliqué. Don't have embroidery software? We've included instructions for stitching the appliqué with your sewing machine.

Software Icons



New icon



Square/Rectangle



Hoop icon



Grid icon



Lettering tool



Color Bar icon



Color Film icon



Wreath tool



Save icon



Write to Machine

Supplies

- Guest towel blanks
- Fabric for appliqués
- Isacord Embroidery Thread to match fabric
- OESD LightWeight Tear-Away Stabilizer
- OESD AquaFilm Topping
- 505 Temporary Fabric Adhesive Spray
- Water-erasable marker
- Appliqué scissors
- Medium hoop

Digitize the Design

Open BERNINA Embroidery Software 6 and select File > New. Click on the Art Canvas tab.

Select the Rectangle tool, hold down the Ctrl key on the computer keyboard, and click and drag a square. Click on the Proportional Rescaling icon (lock) and then change the height and width to 3.00". Press Enter to activate the change. This square will be your template for digitizing the appliqué square.

Click on the Design Canvas tab. Notice that the square is visible in the work area.

Right click on the Hoop icon and select the appropriate hoop for your embroidery system. Make sure there is a check mark next to Show Hoop and click OK.

Click on the Auto Appliqué tool. Follow the prompts in the lower left corner of the screen:

- Click on the upper left corner of the square.
- Click on the upper right corner.
- Click on the lower right corner.
- Click on the lower left corner.
- Press Enter to complete the square.

Tip: Hold down the Ctrl key to draw straight horizontal and vertical lines.

Note: If you make a mistake, press the Backspace key to delete the last point, and then continue digitizing.

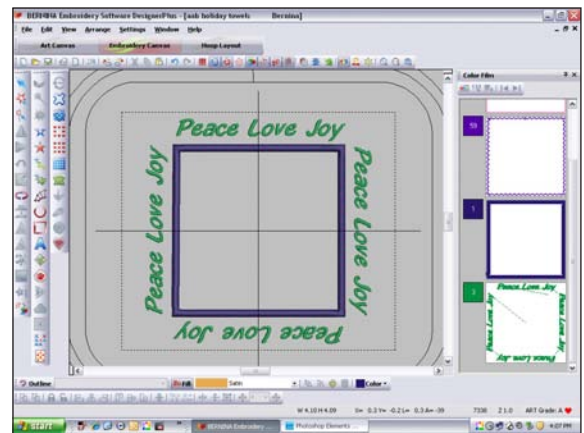
Note that the prompt asks for the first entry point. Press Enter to accept the default settings. The placement, tack down, and appliqué stitches are created automatically.

Right click on the Lettering tool. Enter Peace Love Joy in the box and select an alphabet. Notice that the first few letters of your text are shown in the selected font. Click OK.

Left click above the upper left corner of the square to place the text.

Click on the Grid icon to toggle on the grid. Left click and drag one of the black corner squares to adjust the size of the lettering. Center the lettering above the square and adjust the size to the same width as the square. With the lettering selected, click on the Color bar and select color C3 so the lettering will have its own color box in Color Film.

Select the lettering, click on the Wreath tool, and select 4 from the drop-down menu. Click on the screen, hold down the Ctrl key, and drag to position the text copies at the sides of the square, inside the stitching area of the hoop. Don't worry if they aren't positioned precisely; we'll adjust that later. Click again to set the stitches.



Select one of the text lines and adjust the position using the arrows on the keyboard. Repeat for each set of words until they are placed as desired.

Click on the Save icon; save the file as Holiday Appliqué Towel.ART.

*Note: By saving the ART file, you can later reopen the file and change the lettering for other occasions. For instance, **Happy Birthday**, **Congratulations**, or **Boo! It's Halloween!***

Click on the Write Machine icon, select a destination, and click OK.

Embroider the Appliqué & Text

Fold the towel in half lengthwise; finger-press the fold to mark the vertical center of the design. Unfold the towel and draw a horizontal line about 3" above the border of the towel to mark the horizontal center of the design.

Cut two pieces of OESD LightWeight Tear-Away stabilizer large enough to hoop. Bond them together using 505 Temporary Fabric Adhesive. Hoop the layered stabilizer. Spray the top of the hooped stabilizer with 505 adhesive. Using the plastic hoop template as a guide, position the towel on the sticky stabilizer, aligning the vertical and horizontal center lines. Smooth into place.

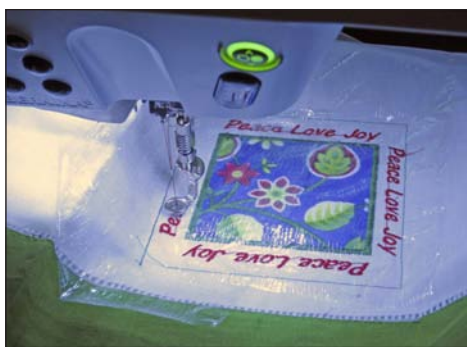
Place the hoop on the embroidery machine, select the design, and stitch the first color – the placement line. Cut a piece of fabric about 5" x 5" square. Place it over the placement line so it completely covers the stitched square.



Scroll back through the design and stitch color 1 again to hold the fabric in place. Remove the hoop from the machine, but do not remove the fabric from the hoop. Trim the excess appliqué fabric close

to the stitching for the square.

Reattach the embroidery hoop to the machine and stitch the remaining colors to complete the design.



***TIP:** Before stitching the letters, place a layer of AquaMesh Topping over the project in the hoop. This will help the letters stitch smoothly, and the excess is easily pulled away when the stitching is complete.*

Remove the hoop from the machine and the fabric from the hoop. Trim thread tails. Gently tear away the stabilizer from the back of the towel, removing one layer at a time.

Alternate Method (without software)

In addition to the above supplies you will need:

- Steam-a-Seam 2 double-sided fusible adhesive
- Open Embroidery Foot #20/20C/20D or Clear Embroidery Foot #39/39C/39D

Draw a 3" x 3" square on one side of the Steam-a-Seam 2. Cut out the square, leaving about ½" of fabric on all sides. Remove the paper backing from the other side of the Steam-A-Seam 2 and stick the square to the wrong side of the appliqué fabric. Cut the square out on the drawn lines.

Remove the remaining paper backing from the Steam-a-Seam 2 and position the square on the towel. Fuse in place following the manufacturer's instructions.

Bond two layers of OESD LightWeight Tear-Away stabilizer together using 505 spray adhesive, then spray the layered stabilizer and adhere it to the wrong side of the towel under the appliqué area.

Attach an embroidery foot to the machine. Select a zigzag stitch and set the width at 3mm and the length at satin stitch. (Test the stitch on a piece of your fabric backed with stabilizer; tweak the settings as needed.) Stitch around all four sides of the square, letting the outer edge of the zigzag fall just outside the raw edge of the appliqué. When the appliqué is complete, hoop the towel as described above.

Enter Peace Love Joy into the on-screen editing area of your embroidery machine. Adjust the size to fit along one 3" side of the square. Duplicate the text box three times and position the copies to form a square. Sew a test sample to ensure that the words are correctly spaced around the center square, and then embroider the words on the towel. When embroidery is complete, gently remove the stabilizer from the back of the towel, one layer at a time.

Kimberly Kohus

Kimberly enjoys the creative process and is always looking for fun and interesting ways to combine fabrics, ribbons, and embroidery. She was never formally trained to sew, but when her new BERNINA arrived, she was up for the task of unleashing all the creativity. She loves to combine her love of drawing with her newly discovered love of digitizing, and is quickly finding there aren't enough hours in the day! While she spends time tackling home decorating projects and monogramming gifts for friends, her best times are spent with her husband and daughter, Alivia. Kimberly can be reached at: Kimberly@allaboutblanks.com.



www.allaboutblanks.com

by LINDA WHITE

Spice Up Your Jeans

Stitch a basting box around the inside of the hoop to secure the jeans before starting the embroidery. (If your embroidery machine doesn't have a basting box function, visit www.berninaUSA.com > See It, Share It > Free Downloads > Other Cool Stuff for free basting box files.)

Embroider the jeans with your favorite design(s) using Isacord Embroidery Thread. Isacord is polyester thread, and will not lose any color when soaked with full-strength bleach. The jeans in the sample were embroidered with designs from OESD's "Flourish Fancy" design collection #12224.

When the embroidery is complete, remove the hoop from the machine and the jeans from the hoop. Trim away the stabilizer about ¼" from the embroidery stitching.

Fill one bleach-proof tub with water. Working over the other tub, pour full-strength bleach on one leg of the jeans. When it reaches the desired color, immerse it in the tub of water. If you don't, the bleach will continue to work.

Supplies

- Jeans
- Embroidery design(s)
- OESD StabilStick Cut-Away Stabilizer
- Isacord Embroidery Thread
- Bobbin thread
- Two bleach-proof tubs or basins
- Bleach
- EZ Glitzer Pro or Kandi's Glitz n Go™
- Hot fix crystals, pearls, and/or rhinestuds

Want to add a little spice to your jeans? It's easy! Just gather your supplies and follow the instructions below.

Instructions

Open the inseam(s) all the way, and then overlock all the raw edges with a sewing machine or serger to prevent raveling.

The bulky seams in jeans are too thick to hoop, so instead, hoop a layer of OESD StabilStick Cut-Away Stabilizer, paper backing side up. Score the paper and remove the backing. Lay the portion of the jeans to be embroidered over the sticky stabilizer and smooth into place.

TIPS

Use new bleach; it's stronger than bleach that has been open for a while.

To see what color the denim will turn when bleach is applied, test a small area inside the jeans. Depending on the dyes used, black denim might bleach to a different color, such as red or blue.

Repeat for the second leg.

Wash and dry the jeans by themselves, so there's no chance of the bleach affecting the color of other items.

Turn the jeans inside out and re-stitch the inseam(s). Add some glitz just for fun!



Chubby Chicks

Appliqué

by LISA KLINGBEIL

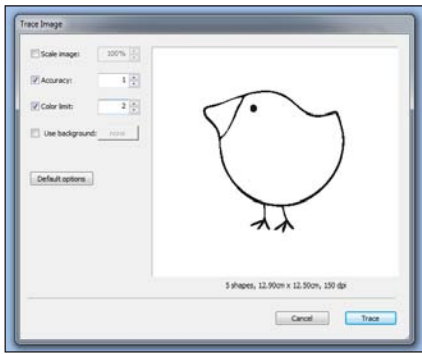
Supplies (for sixty 6" squares)

- BERNINA CutWork Software and Accessory
- "Chubby Chicks" quilt pattern by Black Mountain Quilts
- 2 $\frac{7}{8}$ yards of ivory fabric
- 2 yards of green fabric
- 25 charm squares OR fabric scraps totaling about $\frac{1}{2}$ yard
- $\frac{1}{8}$ yard orange fabric for beaks
- $\frac{5}{8}$ yard binding fabric
- 4 $\frac{1}{8}$ yards backing fabric
- Isacord Black 0020 Embroidery Thread
- Two packs of OESD Appliqué Fuse & Fix
- OESD HydroStick Tear-Away
- OESD LightWeight Tear-Away
- 505 Temporary Adhesive Spray
- Fabric pencil
- 6" ruler
- Embroidery system
- Large oval hoop
- Medium hoop
- Echo-quilting and CutWork Foot #44
- CutWork stitch plate

Appliqué quilts are quick and easy with the BERNINA CutWork Tool and Software. Simply scan, digitize, cut, and stitch to make quick work of making appliquéd blocks! Shown here is "Chubby Chicks" a traditional machine appliqué pattern by Teri Christopherson of Black Mountain Quilts.

Prepare the Image

- Scan the appliqué shape from the "Chubby Chicks" pattern in black and white and save as [chick.jpg](#).
- Open the CutWork software, and select File > New.
- Select Create New > Next.
- In the Artwork Source dialog box, select From File, then navigate to and select chick.jpg. For Hoop, select Bernina 200 x 155 Large Hoop #44. Click Next.
- In the Artwork Image dialog box, select Trace (convert to outlines). Click Next.
- In the Trace Image dialog box:
 - Select the Accuracy box and change the setting to 1.
 - Select the Color Limit box and change the setting to 2.
 - Click Trace.



- In the Fabric dialog box, select Embroidery Normal > Cotton; select the white swatch. Click Next.
- In the Color Reduction box, click Finish.
- Disable Auto Sequence by toggling the light bulb icon on the left side of the screen.

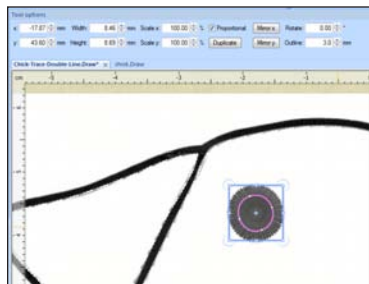
Digitize the Design

NOTE: The drawn lines on this pattern are thick, so the resulting traced image had two sets of outlines. Use the inner lines to define the appliqué shapes (chick body and beak), and the remaining outer line will be deleted in the last step.

- Select View > Toolbars and make sure that the Object Properties and Tool Options toolbars are active.

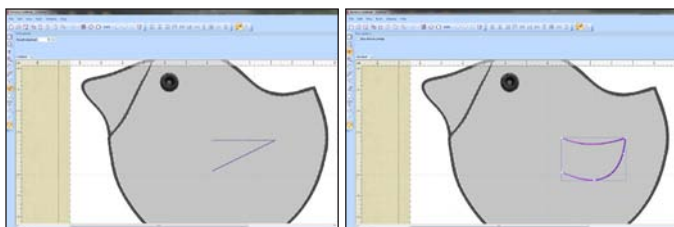
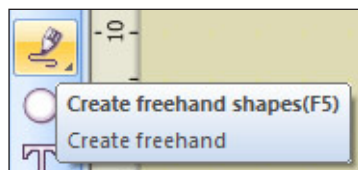
Eye

- Select the eye.
- In the Object Properties dialog box, click on the Pencil tab and then select Satin Serial.
- In the Tool Options menu, change Outline to 3mm.
- In the Thread Palette menu, click on the black color chip.



Wing

- Select the Create Freehand Shapes tool.
- Draw a wing (two straight lines joined at the right side).
- Use the Edit Shape Nodes tool to re-shape the wing into two curves.



- Select the wing. Open the Object Properties dialog box and click on the pencil tab; select Running > stitch #09. Change the Length to 3.0 mm.
- In the Thread Palette menu, select the black color chip.

Body

- Select the body shape. In Object Properties, click on the paint bucket tab; select Appliqué > Cleaning > Laser Cut.
- With the body still selected, go to the Thread Palette; select black for the outline and yellow for the fill.

Tip: Click the upper left half of a color chip to assign an outline color; click the lower right half to assign a fill color.

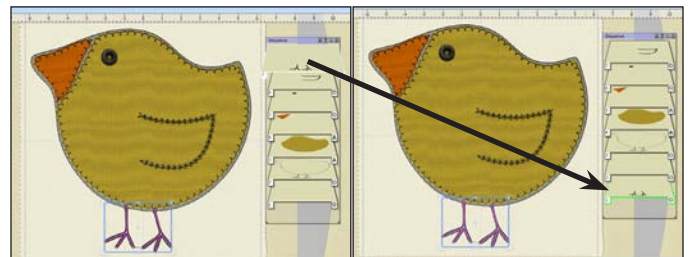


Beak

- Click on the beak shape; digitize using the same settings as the body, except use orange for the fill color.
- Use the Edit Shape Nodes tool to move the lines of the beak closer to the body.

Legs

- Use the Create Freehand Shapes drawing tool to trace the legs.
- Select both leg objects; change Object Properties > Outline to Satin Serial. Change the color to black.
- Move the legs to the back of the design (where they will stitch first) by clicking on the Legs layer in the Sequence Manager and dragging it to the bottom of the stack.



Outline and Background

- In the Sequence Manager, select Layer 3 (the outer outline); press Delete on the keyboard to remove this object.
- Select Layer 2 (the background); press Delete to remove it.



Save the Appliqué Files

The quilt pattern calls for both right- and left-facing chicks, so two files will be saved – the original and a mirror-imaged version.

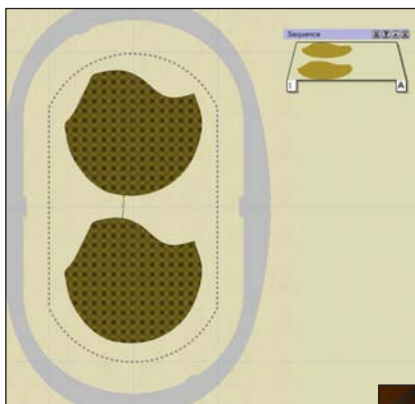
- Select File > Save As; name the file **chick-applique-left.Draw**.
- Export the file to a USB stick or your embroidery system.
- To save a mirror-image of the appliqué, Select All (Ctrl+A) and click Mirror X in the Tool Options toolbar.
- File > Save As > **chick-applique-right.Draw**.
- Export the file to a USB stick or your embroidery system.

Create the Cutting Files

Bodies

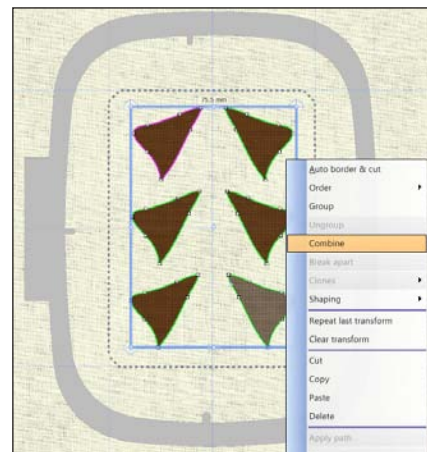
Two stacks of 5" charm squares fit perfectly into the Large Oval hoop for cutting the chick bodies. Remember that both right- and left-facing chick files will be needed.

- File > Open > **chick-applique-left.Draw**.
- File > Save As > **body-cut2-left.Draw**.
- Remove the beak, legs, wing, and eye object layers by selecting them and pressing the Delete key.
- Select the body shape; in Object Properties change Outline type to CutWork.
- Move the body shape to the lower half of the hoop.
- Right click on the body shape and select Copy, then right click on the screen and select Paste. Move the copy to the upper half of the hoop using the keyboard arrows.
- Select All, right-click anywhere on the screen, and select Combine. This moves both objects to the same cutting layer.
- Select File > Save.
- Create the mirror-imaged file. Select File > Save As > **body-cut2-right.Draw**.
- Select both body shapes and select Tool Options > Mirror X.
- Select File > Save.



Beaks

- Select File > Open > **chick-applique.Draw**.
- Select File > Save As > **beak-cut6.Draw**.
- Remove the legs, body, eye, and wing shapes, leaving just the beak.
- Click on the Manage the Hoop Options icon. Change the hoop to Bernina 130 x 100 Medium #44; click OK.
- Select the beak; in Object Properties change Outline type to CutWork.
- Make two copies of the beak; arrange the three beaks in the left side of the hoop.
- Select All. Copy and Paste, then click Mirror X. Move the reversed beaks to the right side of the hoop.
- Select All; right click anywhere on the screen and select Combine.
- Select File > Save.



Cut the Appliqué Shapes

Bodies

- Cut twenty-five 4½" squares of Fuse & Fix. Fuse one to the back of each charm square following the package directions.
- Place a layer of HydroStick under the Large Oval Hoop. Stack five to eight charm squares in the upper and lower halves of the hoop. Cover with a layer of HydroStick and hoop the entire "sandwich."
- Attach the hoop to the embroidery machine and select one of the chick body files. Cut the shapes following the prompts on the screen. Repeat as needed, using the **body-cut2-right** and **body-cut2-left** files to create the required number of right- and left-facing chicks.



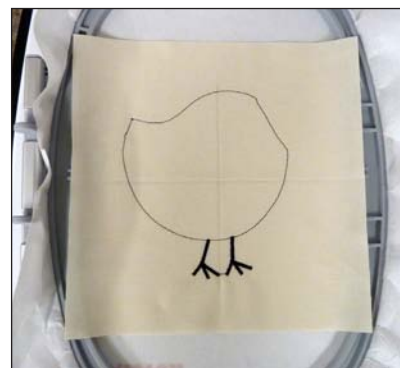
Beaks

- Cut six 7½" x 10" rectangles of orange fabric.
- Apply Fuse & Fix to the back of each rectangle. Sandwich them between two layers of HydroStick and hoop the "sandwich" in the Medium Hoop. Cut six beaks using the [beak-cut6](#) file, following the screen prompts.

Stitch the Appliqué Blocks

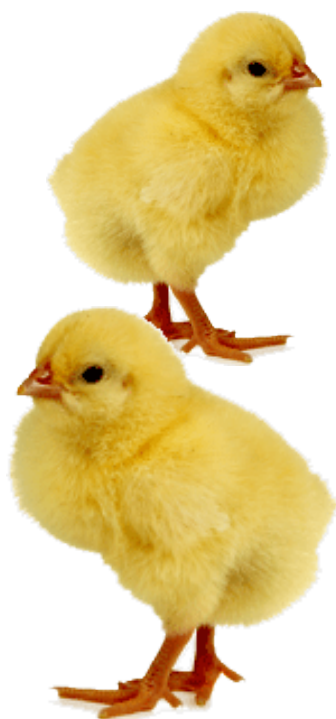
- Cut the background fabric into 7" squares; you will trim them to 6½" square after completing the embroidery.
- Hoop a layer of LightWeight Tear-Away in the Large Oval hoop. Using the plastic hoop template as a guide, draw vertical and horizontal lines marking the center of the hoop. Spray the fabric with 505 Temporary Adhesive.
- Mark the center of each background square by folding in quarters and finger-pressing to create a light crease. Place on the sticky stabilizer, aligning the center lines.
- Open the appliqué file on the embroidery machine. Check to be sure the center of the design is aligned with the center of the fabric.

- Stitch; the legs will stitch first, then the placement line for the body.
- Remove the hoop from the machine (do not unhoop the project!). Peel away the Fuse & Fix backing from one of the chick bodies; finger press the body inside the placement line as accurately as possible.
- Return the hoop to the machine and continue stitching the appliqué outline of the body.
- Repeat this process for the bird beak.
- The wing and eye will stitch last.
- Repeat the above steps to create as many right- and left-facing blocks as needed. Trim the completed blocks to 6½" squares.



Complete the Quilt

- Follow the pattern instructions to cut and piece the quilt top.
- Quilt and bind as desired.



Take-out Gift Box

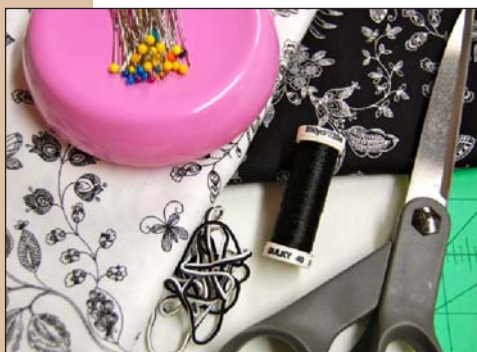
by CHARLENE PHILLIPS



Supplies

- Take-Out Gift Box Pattern (free download from www.ThroughTheNeedle.com)
- 2 coordinating fat quarters
- $\frac{3}{4}$ yard of heavyweight interfacing
- Fabric marking pencil
- Magnetic snap closure
- Edgestitch foot (BERNINA Edgestitch Foot #10/10C)
- For optional ribbon handle:
 - 1 yard of wide ribbon
 - 1 yard of narrow ribbon
- For optional cord handle:
 - 2 shank buttons, $\frac{1}{4}$ " to $\frac{1}{2}$ " in diameter
 - 22" of thin cording
- For optional bottom insert:
 - Two 6" x 6" squares of scrap fabric
 - 6" x 6" square of heavy cardboard
 - Tapestry needle or bodkin
 - Zipper foot (BERNINA Zipper Foot #4/4D)

Note: All seam allowances are $\frac{5}{8}$ "



This fabric take-out box isn't meant for leftovers! Instead, tuck a small gift inside or fill it with a handful of miniature chocolate bars or wrapped mints.

Cut the Fabric

Download the pattern and enlarge as indicated.

Cut two pieces of fabric and one of heavy interfacing. Transfer the pattern markings to the fabric. *Note: If embroidering the message, trace the pattern but do not cut it out until the embroidery has been completed.*



Stitch Your Message

For a nice surprise when the box is opened, use your sewing machine or embroidery system's alphabet stitches to embroider your sentiments on the inside fabric in the area noted on the pattern. *Note: Make sure the lettering will be right side up!*

Embellish the lining with decorative stitches or embroidery as desired.



Stitch and Fold the Box

Layer the outside fabric right side up, the inside fabric right side down, and the interfacing on top.

Sew around the outer edges, leaving an opening about 4" long at one edge for turning.



Clip the corners and curves, then turn the piece right side out. Fold the raw edges of the opening to the inside; press.

Attach the edgestitch foot to the machine and place the outer edge of the project against the guide. Adjust the guide or needle position so the needle stitches a scant $\frac{1}{8}$ " from the edge. Stitch all the way around, stitching the opening edges together as you go.

If necessary, redraw the lines on the inside fabric with a fabric marking pencil.

Select a straight stitch and sew along the markings. These will be the folding lines for your box.

To fold the box, pinch the center top of one side and match the top and bottom corners; pin in place. Repeat for each side of the box.

On each side, bring the two folds inward; pin to hold in place. Using an edgestitch foot, stitch through all three folds.



Attach a Handle (optional)

Ribbon Handle

Center the narrow ribbon over the wide ribbon; stitch down the center to secure the two ribbons together.

Fold each end into a bow. Stitch down the center of the bow, securing it to the side of the box and taking care not to stitch through the flap.



Cord Handle

Find the vertical center of the right and left sides of the box. Measure down 1½" from the top and mark this point. Insert a straight pin through mark, through all the layers. Mark this point on the two folds and on the fabric behind the folds. Each side of the box will have three overlapping buttonholes.

Attach the buttonhole foot to your sewing machine. Select a buttonhole stitch and stitch each buttonhole. Cut the buttonholes open with a Buttonhole Cutter and Wood Block.



Tip: Use the automatic buttonhole feature on your sewing machine and an automatic buttonhole foot (BERNINA Automatic Buttonhole Foot #3A/3C) and store the buttonhole the first buttonhole in memory. Stitch the remaining buttonholes; the sewing machine will automatically stitch each one the same length as the first one.

Tip: Instead of buttonholes, make eyelets! Use an eyelet set (BERNINA Eyelet Embroidery Set #82 with Foot #92) or the eyelet stitch on your sewing machine.

Refold each side of the box. Pin in place, matching the buttonholes.

Make a mark 8" from each end of the 22"-long cord. Using a tapestry needle or bodkin, insert the cord into all three buttonholes on one side of the box, working from the inside of the box to the outside. Leave a 6" tail. Tie a knot at the first mark.

Tie a knot at the second mark. Insert the cord through the buttonholes on the opposite side of the box, working from the outside of the box to the inside. Leave a 6" tail.

Thread one of the 6" thread tails through the shank of one of the buttons. Tie off securely and cut off the excess cord. Repeat for the other side of the box.



Make the Bottom Insert

For a sturdy bottom, add an insert.

Measure the bottom of the box. Cut a piece of cardboard this size.

Trace the cardboard base onto the wrong side of one scrap fabric piece. Add a ⅝" seam allowance all around. Cut two pieces of scrap fabric this size.

Place the right sides of the fabric pieces together. Sew three sides, leaving one edge open for turning. Turn right side out and finger press.

Insert the cardboard into the cover and fold the raw edges in. Attach a zipper foot to the machine and adjust the needle position (or foot position) to one side. Place the folded edges along the edge of the zipper foot and stitch the opening closed.

Finish the Box

Fold the top flaps toward the center and finger press.

For a secure closure, add a magnetic snap to the top following the manufacturer's instructions.

Your Take-Out Gift Box is ready to fill with gifts, and deliver with your special message inside.



Charlene Phillips is the author of *The Sewing Machine Attachment Handbook*, Krause Publishing, and soon-to-be-released book, *The Sewing Machine Classroom*. She has also authored magazine articles for *Threads*, *Sew News*, and *Creative Machine Embroidery*. She is the owner of The Sew Box at www.theseinbox.com. Visit her blog at <http://theseinbox.blogspot.com>.



<http://www.theseinbox.com>
<http://theseinbox.blogspot.com>

Tuscan Gardens Jacket

by DEBBI LASHBROOK

Feathery floral designs from OESD's "Tuscan Garden" collection cascade down the front of this asymmetrical jacket, creating a beautiful border.



Supplies

- Artlink V6 Embroidery Software (or BERNINA Embroidery Software 6)
- OESD Crafters Collection #1105, Tuscan Garden, a BERNINA Exclusive
- Kwik Sew Pattern #3531
- Fabric for the jacket (consult pattern for yardage)
- Lining (enough length for pattern front only)
- French Fuse fusible interfacing
- Pattern tracing paper
- OESD HeavyWeight Tear-Away Stabilizer
- 505 Temporary Spray Adhesive
- Isacord Embroidery Thread
- Water-erasable fabric marker
- Rotary cutter and mat
- "Cut for the Cure" ruler, 7" x 14" or 7" x 24"
- Embroidery system
- Sewing machine
- Serger (optional)
- All-purpose foot (BERNINA Reverse Pattern Foot #1/1C/1D)
- Edgestitch foot (BERNINA Edgestitch Foot #10/10C/10D)
- Bias binder attachment (BERNINA Binder #88, size 28mm, and Foot #95/95C)

Instructions are given for planning the design placement using printed paper templates placed on the fabric pattern pieces. For detailed placement instructions using scanned pattern pieces and BERNINA DesignerPlus Embroidery Software 6, visit www.berninausa.com > Project Ideas.

Plan the Design

Download Artlink 6 from www.berninausa.com > Products > Software.

Open ArtLink 6. Open the first design motif. Rotate and/or Mirror Image as needed. Select File > Print to print a paper template. If the motif will be used more than once, print multiple copies. Repeat for each design motif.

TIP: Cut through the center of the paper template design and bend back the corners. This makes it easy to mark the center of each design on your fabric.



Position the paper templates on the jacket front as indicated below. *Be sure to allow for a 1" hem allowance and $\frac{5}{8}$ " seam allowances when planning design placement.*

Front

BE110505 – Mirror Horizontal; place at lower front corner.

BE110506 – Rotate approximately 20°; position over the corner design.

BE110507 – Position over the second design.

BE110508 – Mirror Vertical; position at the upper front corner.

BE110506 – Rotate approximately 50°; position along the neckline.

BE110514 – Position at the upper shoulder.

BE110507 – Rotate approximately 80°; position at the lower edge.

Back

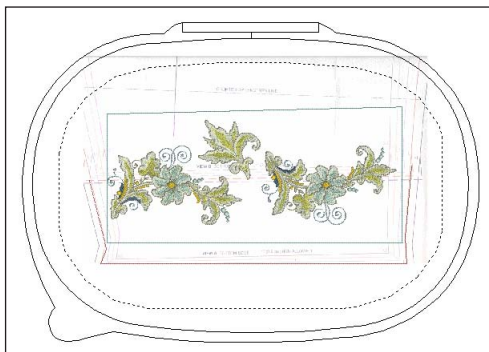
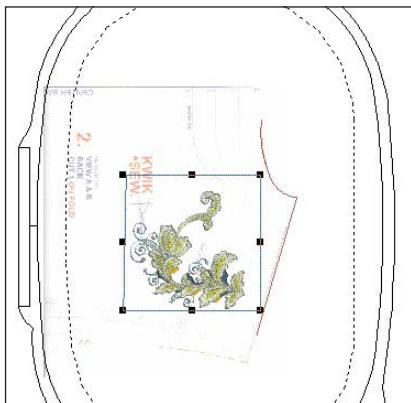
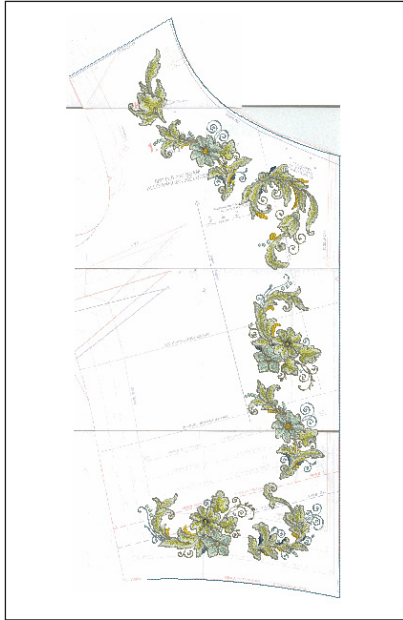
BE110505 – Position as shown.

Right Sleeve

BE110506 – Position at lower outside corner.

BE110506 – Mirror Horizontal and Vertical; position at opposite lower corner.

BE110513 – Rotate approximately 15°; position between the two designs.



Mark the position of each design center on the fabric and mark the orientation of the design with an arrow pointing toward the top of the design.

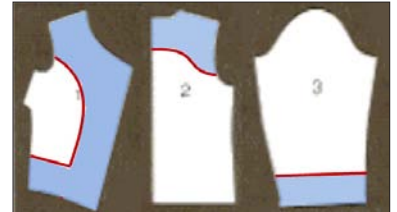
Cut the Interfacing and Underlining

Interfacing

Redraw the jacket interfacing pieces to completely back the areas that will be embroidered.

Using the pattern Front (#1), Back (#2), and Sleeve (#3), trace the pattern edges and draw internal cutting lines as shown in red for each piece.

The new interfacing pattern pieces are highlighted in blue.



Cut the interfacing pattern pieces from fusible interfacing and fuse them to the wrong side of the jacket pieces following the manufacturer's instructions.

Also cut one piece of interfacing using the Collar pattern (#4). Do not fuse until collar pieces have been joined.

Underlining

To create a more professionally finished jacket, underline the jacket fronts and enlarge the back facing as shown for the interfacing to cover the wrong side of the embroidery the unlined jacket.

Cut the following from lining fabric:

- Front (#1) – Cut two (one right, one left).
- Front Facing (#5) – Cut two (one right, one left).
- New Upper Back (same as interfacing) – Cut one on fold.
- Collar (#4) – Cut two.
- Back Facing (#6) – Do not use.

Stitch the Embroidery Designs

Hoop a layer of HeavyWeight Tear-Away. Spray lightly with 505 Temporary Spray Adhesive. Smooth one jacket front in place over the stabilizer. Stitch jacket front designs as marked, rehooping as needed. Repeat for the other jacket front piece.

Follow this same process to embroider the right sleeve and the back of the jacket.

When embroidery is complete, carefully remove excess stabilizer and clip all threads.

Construct the Jacket

Finish all the seam allowances and facing edges using a serger and a wide 3-thread overlock stitch.

Follow the pattern instructions to construct the jacket, *with these exceptions*:

- Fuse the interfacing pieces to the jacket pieces, not the facing pieces.
- Stitch the darts in the underlining pieces and press the darts. Stitch the darts of the jacket fabric; press. Place the wrong side of the front underlining against the wrong side of the embroidered front fabric pieces and stitch around all the outside edges using a $\frac{1}{2}$ "-wide seam allowance.
- Stitch the back facing to the front facing, aligning the seams at the neckline. Press the seam allowances of the back facing extension to the wrong side. These will be hand-stitched to the jacket at the shoulder seam later.
- Use an edgestitch foot to stitch along the collar seam, joining it to the undercollar seam.



Create a Tied Closure

Cut a $1\frac{1}{8}$ " bias strip approximately 18" long.

- Attach the binder attachment to the machine.
- Feed the bias strip through the binder, folding and stitching to make a cord.
- Knot each end of the bias strip and machine-tack the strip slightly off-center to the marked button position (see pattern). Insert one end through the button opening and tie in an overhand knot.
- Untie the knot and adjust the placement of the tie as needed. Use a straight stitch to sew the tie permanently in place.



RICKY TIMS'

Super QUILT SEMINARS

New Orleans, LA
January 26-28, 2012

Ricky Tims with special guests Alex Anderson and Libby Lehman

Registration forms and complete details are at www.rickytims.com

The ultimate learning experience for quilters includes: 2½ days of learning—everyone attends all sessions; exclusive 120-page color syllabus; no supply list—no sewing; fabric shopping; a quilt show featuring works from Ricky, Alex and Libby; and more! Registration fees are based on registration deadlines and group size as indicated on the registration form.

"Two and a half days of seminar sitting without sewing/hands-on activities? Yes! What an absolutely informative and inspiring experience!"

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by BELINDA GIBSON

Endless Embroidery Baby Blanket

Supplies

- Two pieces of flannel (one plain and one print) each approximately 45" x 45" square
- OESD Ultra Clean & Tear stabilizer
- 505 Temporary Fabric Adhesive Spray
- Isacord embroidery thread
- YLI Pearl Crown Rayon, two spools
- Mettler Metrocor serger thread, one spool
- Bodkin or tapestry needle
- BERNINA 830
- BERNINA serger
- Mega Hoop or Jumbo Hoop (with plastic template)
- Large Oval Hoop (with plastic template)

The endless embroidery feature built into the BERNINA 830 sure makes designing FUN! It's so easy to try out design ideas on screen—and it's okay if the design is outside the hoop, as you can still see the design and decide if you like your ideas. Endless embroidery works with embroidery designs built into the machine, designs, from USB sticks or other sources, imported stitches and alphabets.

Create the Border Design

Select the Child's Play alphabet (vertical) from the BERNINA 830's alphabet menu and select the lower case option from the virtual keyboard. Type the letters a-b-c-d-e and press Check to confirm. Select the Word Art icon and arc the lettering -91% using the multi-function knob.

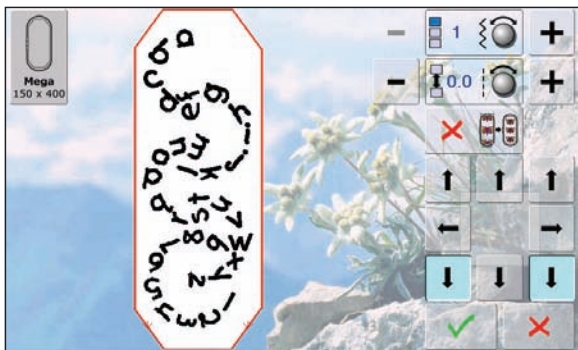
Note: A negative value arches the letters to the left and a positive value arches them to the right.

Continue adding groups of letters and using Word Art to shape the baselines. The following adjustments were made to each letter group:

a-b-c-d-e = -91%
 f-g-h-i-j-k-l = +72%
 m-n-o-p-q-r-s = -90%
 t-u-v-w-x-y-z = +78%
 1-2-3-4-5-6-7-8-9 = +72% and rotate 168°

Use the Retrieve icon to select all and resize to 90%. Move each group into an interlocking group of arched lettering.

Once the pattern is formed, activate the bottom left and right reference marks. If they fall outside the Mega Hoop, use the Jumbo Hoop instead or decrease the size of the embroidery so the reference marks can be stitched.



Stitch the Blanket

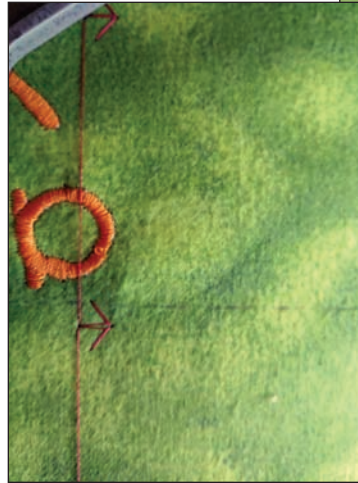
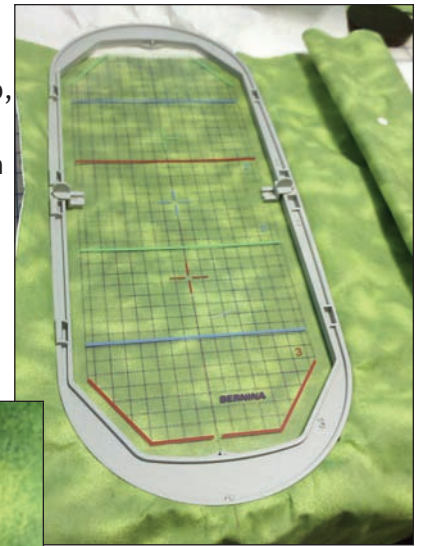
Draw a line down the side of the plain square of flannel where the embroidery will be stitched. Use this line as a reference when hooping and rehooping.

Cut two layers of Ultra Clean & Tear the full length of the blanket side to be embroidered—this eliminates any bumps during rehooping and provides a more stable embroidered environment.

Spray one layer of stabilizer with 505 adhesive and bond it to the wrong side of the flannel behind the drawn line. Spray and bond the second layer of stabilizer in place behind the first layer.

Hoop the fabric/stabilizer using the Mega or Jumbo Hoop, aligning the center of the template with the drawn line.

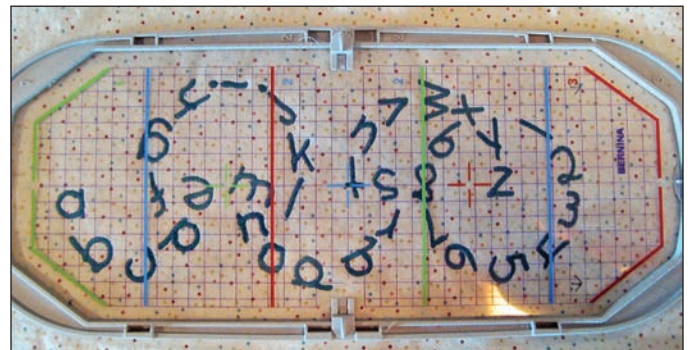
Embroider the design—don't forget to stitch the reference marks!



When the first design is completely embroidered, select the Endless Embroidery option. Rehoop the blanket.

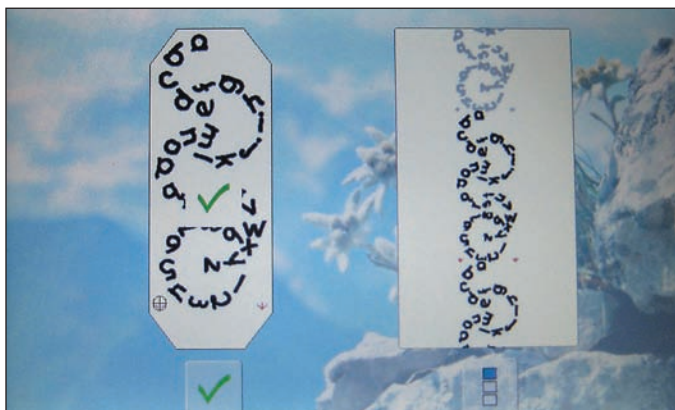
TIP: Before unhooping, place the plastic hoop template on the

embroidered pattern and count the number of grid spaces before the design begins. When rehooping (using the template), position the sewn reference marks at this position; this ensures that your next endless embroidery design will fit into the hoop.



Press the Hand icon to go to the next page. When the hoop is attached, the needle will move to the first reference mark. Use the multi-function knobs to align the needle with the reference mark. To check both sewn reference marks, press the reference marks on screen in the upper left and right corners. When the design is aligned, press Check to confirm. Sew another repeat.





There is not enough fabric to stitch the entire design a third time, but the remaining space can still be embroidered even though some of the design will be outside of the hoop boundaries—the BERNINA 830 is so smart! It allows you to sew the part of the design that fits within the hoop, but will stop before hitting the hoop!

Hoop the remaining fabric with the Large Oval Hoop and template, aligning the centers and making sure the sewn reference marks are inside the hoop field. The BERNINA 830 will detect the Large Oval Hoop. Continue following the endless embroidery prompts and align the reference marks as before. Press Check to confirm, and press Check again to confirm that part of the design is outside the hoop. Embroider the last part of the border. As the end of the fabric draws near, stop the embroidery after a completed letter.

When the stitching is finished, unhoop the fabric and remove the excess stabilizer. Place the flannel pieces wrong sides together. Using a small plate and a marker, round the corners of the blanket.

Set the serger for a wide three-thread overlock with Pearl Crown Rayon in the loopers and regular serger thread in the left needle. Serge the outer edges of the blanket, following the marked curves at the corners. Thread the thread tails back into the decorative stitching. Press the curved edges to set the stitches.



Variations

- Use the child's name and birth date for the lettering composition.
- Create the alphabet using a variety of lettering styles.





The Last Word

A sneak peek at what's coming in
Through the Needle ONLINE, Issue #9:

Someday... Hawaii

If you love the look of Hawaiian appliqué, but have avoided it because you just can't imagine cutting all those intricate pieces, this is the quilt for you! Mary Beck (The Sewing Room, Tucson, AZ) cut and stitched the intricate appliqué for her quilt using the BERNINA CutWork Software and Tool. This project is suitable for all CutWork-compatible embroidery systems, including the Deco 340.



Doodle Bag

Sarah Goodman embellished this sturdy tote bag with a few spots of color and some simple "doodling" using needle and thread. Even if you've never done free-motion stitching before, you will find this easy project fun to do!



October 2011 Special

25% OFF



**BERNINA Stitch
Regulator (BSR)**

Master your Free-Motion Quilting Techniques

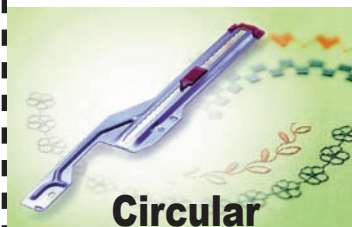
A BERNINA exclusive, the BSR makes free-motion quilting easy by ensuring uniform stitch length even at variable sewing speeds!

For October 2011 only, get 25% OFF the BERNINA Stitch Regulator (BSR) attachment.

Offer good October 2011 at participating BERNINA dealers in the United States. Coupon may not be combined with any other offer.

November 2011 Special

25% OFF



**Circular
Embroidery
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Beautiful Stitched Circles!

The Circular Embroidery Attachment allows you to sew perfect circles or semicircles of various diameters using utility or decorative stitches, or lettering.

For November 2011 only, get 25% OFF the Circular Embroidery Attachment.

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Quick Links

These are the main links featured in this issue; see the articles for links to specific products, projects, and technique information. Please visit our sponsors and contributors for more inspiration, information, and stitching fun!

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- www.rickytimes.com/seminars
- www.AllAboutBlanks.com
- www.SewingAttachments.com

Until December ...

As always, we hope this issue of *Through the Needle ONLINE* has inspired you to learn something new and make your own adaptations of our projects. We love seeing your creations; send e-mail and photos to jo@berninausa.com.