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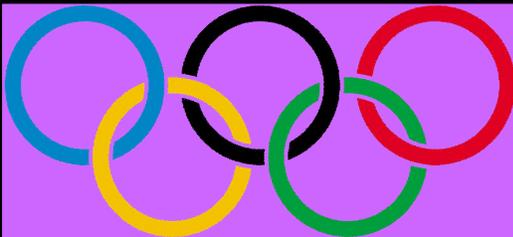
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Senior Day Trip Utah's Olympic Park

Tuesday, August 28th

Bus leaves at 8:45 AM

Come watch the ski jumpers practice by jumping into the 750,000 gallon pool, visit 2 onsite museums, and explore the competition sites. Guided tours are optional and will cost an additional \$7 at the park.

After the Olympic Park, we will be stopping at

Chuck-A-Rama for lunch (not included).

Price \$15.00 (price may change) includes bus fair and park.

★HAPPY★ BIRTHDAY!

- Gerald Haslam.....1st
- Don Anderson.....3rd
- Dee Freeman.....3rd
- Shirley Matthews.....5th
- Helen Rhoades.....8th
- Arthur McKinnon.....11th
- John Spencer.....13th
- Jody Harris.....13th
- Julie Wheeler.....13th
- William Hardee.....21st
- Lona Simon.....23rd
- Janie Stewart.....30th

Evening at the Center

Once a month the Senior Center will be hosting an "Evening at the Center."

The night will include dinner and entertainment. Our kick-off event will be a Hawaiian Luau complete with Hawaiian food and hula dancers!

August 22nd at 5:00 pm

\$8/person

\$15/couple

Purchase your ticket at the front desk!



MONDAY

TUESDAY

WEDNESDAY

August

1
12 pm Lunch

6
12 pm Lunch

7
7:30-9 am Aerobics

8
8-9 am Aerobics
12 pm Lunch
12:30-1:30 pm Financial Awareness

13
12 pm Lunch

14
7:30-9 am Aerobics

15
8-9 am Aerobics
12 pm Lunch
12:30 pm Sing-a-long

20
12 pm Lunch

21
7:30-9 am Aerobics

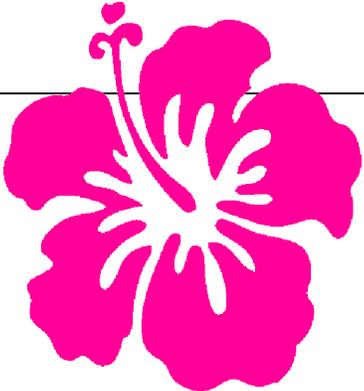
22
8-9 am Aerobics
12 pm Lunch
5 pm Evening at the Center Luau



27
12 pm Lunch

28
7:30-9 am Aerobics
8:45 am DAY TRIP: Olympic Park, Park City and Chuck-A-Rama

29
8-9 am Aerobics
12 pm Lunch
12:20 pm Music and Movement with kids

THURSDAY	FRIDAY	SATURDAY
<p>2 7:30-9 am Aerobics</p>	<p>3 12 pm Lunch 12:30 pm Bingo</p>	<p>4 </p>
<p>9 7:30-9 am Aerobics</p>	<p>10 12 pm Lunch 12:30 pm Bingo</p>	<p>11 CENTER CLOSED</p>
<p>16 7:30-9 am Aerobics</p>	<p>17 12 pm Lunch 12:30 pm Bingo</p>	<p>18 CENTER CLOSED</p>
<p>23 7:30-9 am Aerobics</p>	<p>24 12 pm Lunch 12:30 pm Bingo and Hearing Clinic Sponsored by Wasatch Hearing</p>	<p>25 CENTER CLOSED</p>
<p>30 7:30-9 am Aerobics</p>	<p>31 12 pm Lunch 12:30 pm Bingo</p>	<p>1 CENTER CLOSED</p>

News

Meet the new Senior Program Coordinator



Hello Lindon! My name is Danica Jorgenson. I was born and raised in Las Vegas, NV. I studied Recreation Management at Brigham Young University and have been living in Provo ever since. I love all kinds of adventure and the outdoors. I am big into running, hiking, whitewater rafting, and basically anything that has to do with water. Planning events is my passion in life and I have been lucky enough to do it for a career. I am really excited to be here with all of you and want to hear your ideas! Please let me know if there are any classes, trips, events, etc. that you would like to have. I can't wait to get to know all of you better!

FYI

Starting September 4th we will be serving lunch 5 days a week! Hope to see all of you there!

Make sure that you are always on time for lunch. Food is served at 12:00. We cannot guarantee meals for people who are late.

Please remember to order all of your lunches

24 hours in advance so we will have enough meals for everyone.



Senior Advisory Council

I am looking to put together a group of 9-15 seniors to make up a Senior Advisory Council. Members will help with classes, tours, events, and will meet regularly to better our senior center.

If you would like to be on the council please let me know!

-Danica

Reminder

There will be NO Computer/Family History class during the month of August.

Classes will resume in September. Classes will be held Mondays/Wednesdays/Fridays from 10:30-11:30 am. Please sign up for those classes at the front desk.