



AUGUST 2012



| Monday | Tuesday | Wednesday | Thursday | Friday |
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|  |  | 1 Chicken Alfredo Calif. Blend Veg. Bread or Roll Pears Low Fat Milk | 2 Hamburger Pasta Salad Pork & Beans Orange Brownie Low Fat Milk | 3 Baked Ham Cheesy Mashed Potatoes Peas & Carrots Bread or Roll Applesauce Low Fat Milk |
| 6 Beef Enchiladas Spanish Rice Refried Beans Green Salad Orange Low Fat Milk | 7 Pork Rib Sandwich Carrots Coleslaw Apple Crisp Low Fat Milk | 8 Spaghetti & Meat Sauce Green Beans Green Salad Garlic Bread Pears Low Fat Milk | 9 Sweet & Sour Chicken Rice Stir Fry Veggies Roll Peaches Low Fat Milk | 10 <u>Picnic Day</u> Chicken Potato Salad Fruit Chips Cookies Low Fat Milk |
| 13 Beef Mac Casserole Corn Roll Pears Low Fat Milk | 14 <u>Breakfast Day</u> Eggs Sausage Waffles/Syrup Fruit Low Fat Milk | 15 Baked Fish Roasted Potatoes 3 Bean Salad Bread or Roll Fruit Low Fat Milk | 16 Pulled Pork Sweet Rice Green Salad Bread or Roll Fruit Low Fat Milk | 17 Roast Turkey Potatoes & Gravy Calif. Blend Veg. Bread or Roll Apple Low Fat Milk |
| 20 Salisbury Steak Potatoes & Gravy Winter Blend Veg. Bread or Roll Mandarin Oranges Low Fat Milk | 21 Chicken Wrap Pasta Salad Pickle Spears Peaches Cookies Low Fat Milk | 22 Sloppy Joe Potato Salad Mixed Veggies Apple Crisp Low Fat Milk | 23 Lasagna Corn Green Salad Bread or Roll Applesauce Low Fat Milk | 24 Country Fried Steak Potatoes & Gravy Carrots Bread or Roll Fruit Cocktail Low Fat Milk |
| 27 Creamed Chicken Over Rice Winter Blend Veg. Bread or Roll Cottage Cheese w/Fruit Low Fat Milk | 28 Beef Taco Salad, Lettuce, Beans, Dressing, Tortilla Chips, Cheese, Tomato Dressing Peaches Brownie Low Fat Milk | 29 Chicken Sandwich Carrots Green Salad Pears Rice Pudding Low Fat Milk | 30 Meatloaf Potatoes & Gravy Cooked Cabbage Bread or Roll Banana Low Fat Milk | 31 Roast Pork Potatoes & Gravy Green Beans Bread or Roll Orange Low Fat Milk |