ELIGIBILITY REQUIREMENTS

Donors must:
- Bring identification
- Be healthy
- Be at least 17 years old in most states, or 16 years old with parental consent if allowed by state law
- Weigh at least 110 lbs. (Additional weight requirements apply for donors 18 years old and younger and all high school donors.)
- Have not donated blood within 56 days prior to current donation

Other aspects of each potential donor’s health history are discussed as part of the donation process before any blood is collected. Each donor receives a brief examination during which temperature, pulse, blood pressure and hemoglobin (or hematocrit) are measured.

For more information regarding blood donation eligibility, please visit RedCrossBlood.org or call 1-800- RED CROSS.

Sincerely,

Sandi Lampshire
Community and Employee Development Committee
Horrocks Engineers

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