Lindon City’s Summer Events

What a big week in Lindon, First, thanks to everyone who came out and helped us as we observed Memorial Day with the dedication of the Monument to Freedom in the Cemetery. Despite freezing temperatures and actual snow falling, yes SNOW along with a LOT of rain on May 30th! We had an amazing program and hopefully let the Veterans of Lindon and their families know how truly honored we are at the sacrifices they have made and are currently making for us. I know that I have heard from many Veterans since the dedication who have expressed their thanks. If you have not yet seen the Monument, it’s very worth the effort of stopping at the Cemetery to take a moment to reflect on how our freedoms were earned. During the program, we also signed a Community Covenant with the Armed Services in which we all, as a community pledge to support and aid the families of deployed service members from Lindon while their loved one is called away. Special thanks should be extended to Brigadier General Liechty for his attendance and remarks expressing his support for the City and his appreciation toward our efforts to help members of the Armed Forces.

On Thursday night, a ribbon cutting was held at the new Lindon City Community Center where all in attendance were able to tour the building and see the newly remodeled layout of the building. Some small things are not quite finished so it will still be a couple of weeks before the doors actually open for service, but it is shaping up to be a great facility.

The Aquatics Center is open for the year, and despite the on-going cold weather, a lot of summer-starved youth have braved the temperatures to soak in the pool. Gotta love the summertime!

Watch for announcements for upcoming opportunities to join in the about-to-be restarted CERT (Community Emergency Response Team) program. Over 400 of you were previously CERT trained and served our community as citizen first responders. You will be contacted in this newsletter and soon individually through email to determine your interest and ability to continue to serve as we start to once again utilize this valuable asset to our community.

The Police Department’s on-going Youth Education Series classes continue, with what should be a great presentation on June 16th at 6:00 pm in the City Council Room at the City Center. We will hear this month from Maryanna Cruz who teaches parent/teen communication skills because believe it or not, we don’t always speak the same language! Maryanna’s presentation covers: **Start with heart** (this is silence and violence, focusing on who we can change, what do we really want?) **Stories we tell ourselves, and roles we play** (this is how we view things that happen, ROLES: victim, villain, and helplessness) **Making it safe** (we will focus on how to ask questions, reading body language and tone of voice... paraphrasing to make sure we understand what is being said, priming: making a person feel safe to share information) and **Goal Setting** It should be very informative and may open doors at home!

Remember that Lindon Days will be here before we know it and promises to be bigger and better than ever and last but not least, plans are underway for our annual Drill Down for Safety community preparedness drill in September. Lindon City is recognized nationwide for our community involvement in preparedness. Let’s try to raise the bar again this year! Most importantly STAY SAFE AND HAVE FUN THIS SUMMER!

Chief Cody Cullimore, Lindon City Police Department