

**LINDON POLICE DEPARTMENT  
YOUTH EDUCATION SERIES (Y.E.S.)**

MAY 19, 2011

6:00 p.m.

Lindon City Center, 100 North State Street

**Ms. Utah US Continental  
Jennifer Griffiths**



The May Y.E.S. class will be presented by Ms. Griffiths, and will be on the topic of “Emotional Garbage; Are You a Trash Collector or Recycler.” Ms. Griffiths will talk with youth and their parents about communication, daring to feel, daring to heal, and daring to live. Join us for this fun and informational evening!

Jennifer Griffiths is a native of Northern California and has been a resident of Utah almost ten years. She is a graduate of the New York Institute of Photography and a former business owner. A singer/songwriter, artist, writer and speaker Jennifer loves creative and artistic pursuits. She currently serves on the Board of Directors for The Art of Womanhood, a non-profit organization that empowers women, is a CERT volunteer for the city of Pleasant Grove and has served as a youth mentor both formally and informally in the various communities where she has lived.

In March 2011 she was crowned Ms. Utah US Continental and is actively serving the state of Utah promoting her platform *The Love Yourself Dare*, which encourages women and girls to embrace their true beauty and potential. She is passionate about helping people access and actualize their greatness and overcome their blocks to success and happiness. She is the mother of three children. To find out more about her platform visit [www.theloveyourselfdare.com](http://www.theloveyourselfdare.com)