

“Pins and Needles”

Flower Pincushion Bracelet



This fun and frilly flower will keep all of your pins and needles right at hand so that you can focus on the fun part of sewing...No need to be on “Pins and Needles” looking for your pins and needles any longer!

Requirements (using 42” wide fabric):

Fabric A (Flower Petals):	1/8 yard
Fabric B (Flower Center):	4” x 4” scrap
Fabric C (Bracelet Fabric):	1/16 yard
Felt:	2” x 2” scrap
Baby Pom Poms:	1/4 yard

Band Bracelet	One 3/4” wide band (Can be purchased at: beadwork-supplies.com)
Craft Glue	
Polyester Stuffing	
Embroidery Floss	
Glue Gun with Glue Sticks	
Matching Thread	
Small Plastic Sandwich Bag	



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Cutting Directions:

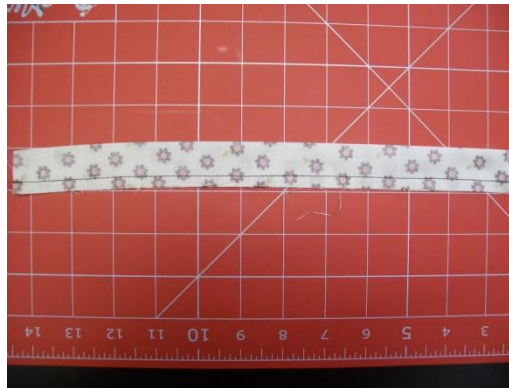
- Fabric A: Cut one strip measuring 3" x the width of the fabric.
Fabric B: Using the "Flower Center" template provided, trace and cut 1 circle.
Fabric C: Measure the width of the bracelet band. Add $\frac{3}{8}$ " to this measurement and multiply by two. Cut one strip the final measurement x the width of the fabric. Cut this strip into 1 piece measuring the final measurement x 12" long.

Example: The width of the band measures $\frac{3}{4}$ " wide. Adding $\frac{3}{8}$ " to the width = $1 \frac{1}{8}$ " total. Multiply this number by 2. The final measurement would be $2 \frac{1}{4}$ ". The strip for this size bracelet would be $2 \frac{1}{4}$ " x 12".

- Felt: Using the "Felt Circle" template provided, trace and cut 1 circle.

Construction:

1. With right sides together, fold and press the strip cut from fabric C in half along the length of the strip.
2. Sew a $\frac{1}{4}$ " seam along the long raw edge, as shown:



3. Press the seam open, as shown:



4. Using the end of the band as a pattern, trace the shape approximately $\frac{1}{4}$ " from both unfinished ends, as shown:



5. Sew directly on the lines just drawn, being sure to backstitch at the beginning and ending, as shown:



6. Cut the finished band in half, and turn right sides out. Press.



7. With the seam on the inside of the band, pull each piece just completed onto the band, matching the ends of the strips with each end of the band.

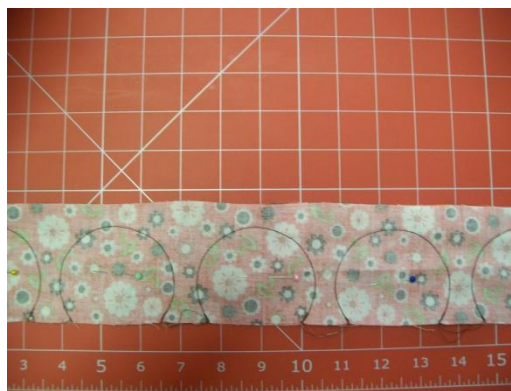
8. Put a drop of craft glue on the outside and the inside of each band end as shown:



9. Using a plastic sandwich bag, rub the glue, so that it goes through the fabric and adheres the fabric to the band. Dry completely.



10. Fold and press the 3" strip cut from fabric A in half, so that the strip measures approximately 3" x 21". Using the "Flower" template provided, trace 5 flowers, matching the straight edge with the raw edge of the strip. Place 1 pin in the center of each petal section, and sew directly on the line, backstitching at the beginning and ending of each petal, as shown:



11. Remove the pins, and cut each petal out, leaving approximately 1/8" on the outside of the stitching, as shown:



12. Turn the petals inside out, and press, as shown:



13. Using 3 strands of embroidery floss, make a long running stitch 1/4" from the raw edge of each flower, as shown.



14. Pull the running stitch tightly, and secure with a knot, forming the flower, as shown:



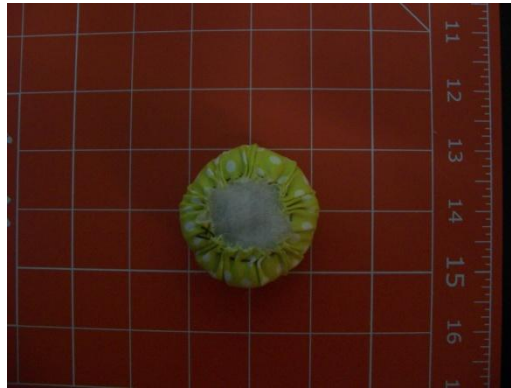
15. Using the glue gun, securely attach the flower to the middle of the band, covering up the spot where the two band strips come together, as shown:



16. Using 3 strands of embroidery floss, sew a large running stitch approximately $\frac{1}{4}$ " from the edge of the circle, as shown:



17. Place a handful of stuffing in the middle of the circle and pull the running stitch ends together. Place as much stuffing as possible in the center, and pull the threads tightly, securing with a knot, as shown:



18. Using the glue gun, securely attach the baby pom poms to the side of the flower center. The pom poms should be in the middle on the sides of the flower center. Be sure to overlap the beginning and ending of the pom-poms, as shown:



19. Using the glue gun, securely attach the flower center to the middle of the flower. Be sure to use a large amount of glue. Not only will this keep the flower center secure, but it will also help prevent any pins from going through the center.
20. Using the glue gun, place a line of glue on the strip below the baby pom-poms. Glue the flower petals to this line of glue. This will help pull the flower petals up to give it a natural look.
21. Using the "Felt Circle" cut previously, glue to the back of the flower, around the band, as shown:

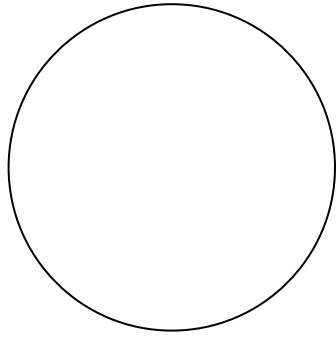


This Tutorial is compliments of Cute Quilt Patterns.

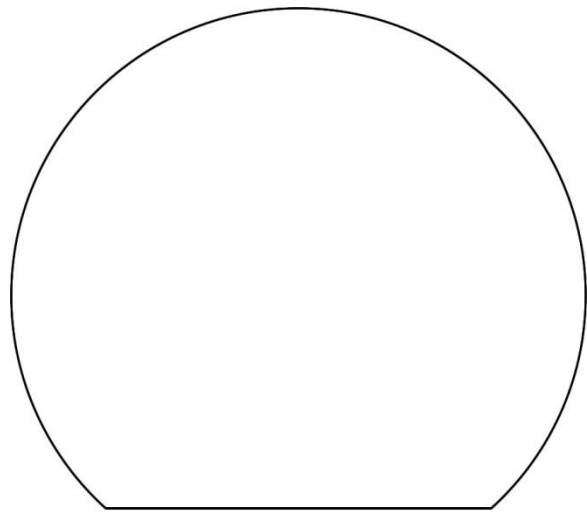


"Pins and Needles" Templates

Felt Center (Trace 1)



Flower Petal (Trace 5)



Flower Center (Trace 1)

