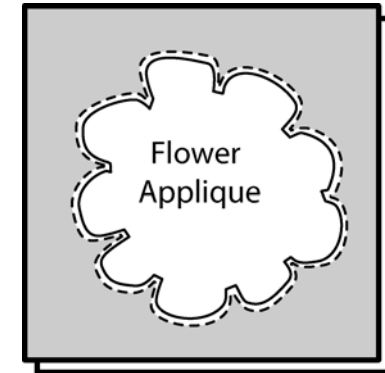


Inside Out Applique by Quilted Frog

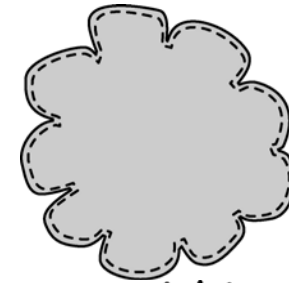
***Our appliqué patterns are **NOT** printed with a seam allowance unless otherwise stated.

1. Accurately cut out the pattern pieces you will be using for the Inside Out technique. (**NOTE THE PATTERN IS NOT REVERSED**). For this example we will show a flower shaped applique.
2. Measure the length and width of the pattern piece. Cut a piece of the applique fabric about 4" wider and 4" longer than the pattern piece. This piece will be the part of the applique that shows.
3. Cut a piece of fabric about 4" wider and 4" longer than the pattern piece. This fabric will be the backing of the applique. You can use the same fabric you will use for the applique or a solid fabric in a matching color. This piece of fabric should be the same size as the backing fabric you cut in step 2.
4. Place the applique fabric on the table with the right side facing up. Lay the backing fabric on top of the backing with the wrong side facing up. The right sides of the fabrics are together or touching.
5. With the printed side (right side) facing up, place the pattern on top of the fabric sandwich you made in step 4. Pin the pattern securely in place. For ease in sewing, place all pins inside the applique outline.

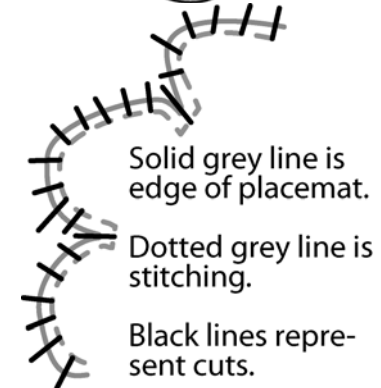
6. Sew about 1/16" to 1/8" away from the paper, going slowly in order to be accurate. Use a shorter than normal stitch length.



7. Remove pattern. Trim seam allowance to 1/8".



8. Along edge clip to stitching every 1/4". Clip to each point where you pivoted the stitching to sew around a curve in the applique shape. **Be careful not to cut through stitching.**



9. Carefully make a small slit in the backing fabric. Turn the applique inside out through the slit. Smooth the curves and make sure there are no puckers. If there are puckers turn the applique wrong side out again and make more clips in the areas where there are puckers.



10. Press applique flat. Make sure backing fabric doesn't show on right side of applique. It is not necessary to stitch the opening closed.



Optional: You may trim center part of backing fabric away to create a lighter weight applique. See diagram at right.

Dark grey is backing fabric. Diagram shows the applique from the backing side after turning it right side out and trimming away most of the backing fabric.

11. Pin applique in place on the quilt background. Machine or hand stitch in place. We machine stitch appliques. Stitch very close to the edge of the applique with matching thread.

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