

FEBRUARY 2016

"A LITTLE BIT OF COUNTRY" CITY NEWSLETTER

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Mayor
Jeff Acerson

City Center Offices
100 North State St./Upper Level
785-5043

Community Development
100 North State St./Lower Level
785-7687

Public Works
946 West Center Street
796-7954

Justice Court
100 North State Street
Upper Level
785-1971

Police Department
100 North State Street
Lower Level
Emergency - 911
Non-emergency Dispatch
229-7070
Police Department Offices
769-8600

Fire/EMS
Emergency - 911
Non-emergency Dispatch
229-7070
Other Fire Services
229-7327

Aquatics Center
60 West 60 North
610-4160

Community/Senior Center
25 North Main
769-8637/769-8625

City Website
www.lindoncity.org
www.facebook.com/lindoncity

The 2016 Lindon City Public Meeting Schedule is available on the city website. The City Council typically meets on the first and third Tuesday of each month. Residents are invited and encouraged to attend the meetings!
[2016 Public Meeting Schedule](#)

Vehicle Warm-Ups, Pollution and "Free Cars"

Welcome to February and our Utah weather, which seems to be staying constantly below 20 degrees. Snow is on the ground, the icicles have icicles on them and frigid temperatures are trapped on the Wasatch Front. This results in perfect temperature inversion days as the cold air and crud will settle into the valley. Warmer air comes in over the top, trapping the cold layer and we all get to re-breathe each other's air (which is a lovely yellow-grey color that you can actually see!) over and over again. At this time of year, many of us try to drive as little as possible, both because of treacherous road conditions and to try and prevent our share of air pollution.

One way to help us all breathe a little easier, is to pass on, or at least minimize, that old Utah winter tradition of starting the car and letting it warm up for a while. I know, the warm insides of a car on a cold morning are a lot more inviting than icy interiors. Besides, didn't Grandpa tell us how they had to start a fire under the Studebaker to get her to turn over back in the Blizzard of '39! Good thing we have modern, more efficient cars. For 14 months, Weber State University has been studying air quality in Utah and the effects that cars have on it. In their estimates, just released in January, vehicles account for 48% of Utah's air pollution. To quote their findings;

"We found there is no need to warm up your car," You can get up in the morning, start the car and just drive. The best thing you can do for emissions is to not idle your car." Modern cars warm up more quickly when they are driven, he said, and the faster they reach the optimal operating temperature, the fewer emissions that spew from the tailpipe. When a vehicle reaches that optimal temperature, the catalytic converter can reduce emissions by 99 percent, the study shows. "You start the vehicle and then run it," WSU said. "That driving event actually helps the catalytic converter — our last defense for air quality in your car — to warm up faster and do what it is designed to do: reduce emissions. "In partnership with the Utah Department of Environmental Quality, WSU researchers also teamed up with Utah State University to study cold starts, idling and their connection to emissions from 70 models of cars that are typical of those driven along the Wasatch Front. When it comes to idling, researchers found that even five minutes is too long and contributes to the area's pollution levels. "For a short stop, say about five minutes, on average, our studies have shown your vehicle emits three to four times more oxides of nitrogen and unburned hydrocarbons during a five-minute idle as opposed to shutting it off and restarting the engine," said Randy Martin, the study's collaborator at Utah State University. "Carbon monoxide emissions can show even a greater disparity"

In addition to the effects of air quality, starting your car to warm up while you go back inside and leaving it unattended will often result in what we call warm-up thefts. Every morning here in Utah Valley we have several of them, a car stolen by someone who saw it running and unattended. This is such a problem in Salt Lake City, that early in January Police used television media stories to ask people to stop leaving their cars running unattended. Several days after the message, the City hoped that the public warning had been acknowledged. To check it out, Patrol Officers in the City were asked to look for running unattended vehicles the next morning. In a two and a half hour period, Officers found over 600 "Free Cars" sitting unattended, running and lonely!

The temperature inversions which we experience are a natural phenomenon created by our valleys and mountains. We can't do anything about it happening, however, we can all do our part to minimize our personal contribution to the amount of gunk in the air! Please take the opportunity to do everything that you can to protect the quality of the air we breathe. Don't leave your car alone and running in the driveway as you warm it up for a long time. You may not just be helping to protect everyone's health, you may be protecting your ride!

Cody Cullimore
Chief of Police

LINDON COMMUNITY CENTER



Community Center Cinema
Free Community Event!



The Community Center Advisory Board (CCAB) is happy to announce the continuation of the Community Center Cinema this winter. The CCAB will be

showing Monsters University in the dark at the Lindon Community Center, February 26th at 6 pm. Come join us for a FREE fun family night!



YOUTH SOCCER

Lindon City offers a Short Sided Soccer league that provides many benefits, including; more touches

on the ball, more shots on goal, more scoring and more fun. The league allows for improved skill development, better utilization of the field and more cardio/activity level. The teams are smaller and rules simplified to allow more participation and time with the coach.

The season is set to start May 7th and carry through June 11th. Games will be played at Pioneer Park 150 S 500 E, Lindon on Saturdays. Weekly practices and times will be determined by the coaches.

REGISTRATION: FEBRUARY 15th- MARCH 21st
FEE: \$35 (6 games)
Late Registration: March 22nd-April 4th, space permitting (\$5 additional fee)

NEW FRIEND REQUEST POLICY

We are eliminating the friend request chain. Too many people have been requesting 2-4 friends. Participants are allowed to request ONE friend to play with on the same team. Friends **MUST** request each other and sign up **BEFORE** the league deadline for the best possible chance to be placed on the same team. Friend requests are **NOT GUARANTEED**, but we do make our best effort to fulfill them. If the person you requested did not request your child, chances are they will not be placed on the same team. If you want to request more than one friend, please sign up as a **TEAM**. You do not have to fill the full roster, but you will have the responsibility of providing a coach. Check out our team registration paragraph for more information.

TEAM REGISTRATION INFORMATION

To avoid confusion, coaches who want to create a team are required to fill out a team roster form at the Lindon Community Center. A digital copy is also available by e-mailing the league coordinator at hsilvey@lindoncity.org. This form will help us insure the placement of the correct players on your team. Max per team varies for each sport. Max numbers **CANNOT** be exceeded. Players who are listed on your team roster will be placed on your team **ONLY** if they register **BEFORE** the program deadline. Those who are listed on your roster, but miss the deadline will **NOT** be guaranteed a spot on your team. Must have a mixture of grades on your team, unless your grade is the younger one in the league. (In the 1st and 2nd grade league you may have a full roster of 1st graders, but not 2nd graders, etc.)

KIDS CRAFT CLUB



Send your kids to our Kids Craft Club this fall. Different crafts will be made and taken home each week. All supplies are included. Classes will be

held on Fridays from 4:00-4:45 at the Lindon Community Center in Room 6. Space is limited to 16 participants. Sign your kiddos up for all of our session. Different crafts will be taught each month.

Grades: K-3rd **Fee:** \$20 (4 classes)
Sessions: February 5th-26th, March 4th-25

2016 LITTLE MISS LINDON PAGEANT



The 2016 Little Miss Lindon Pageant will be held at 6:00 pm on Saturday, March 5, 2016 at Oak Canyon Jr. High School.

Come out and support this long standing Lindon tradition! For more information contact Traci Stone at (801) 427-8304. Hope to see you there!

LITTLE MISS LINDON FUND RAISER



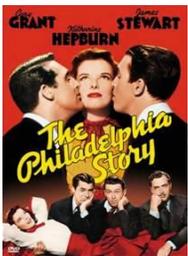
The Little Miss Lindon Royalty will be hosting a "Couples Dance" fundraiser on February 20th from 6 - 9 pm at the Lindon Community Center located at 25 North Main Street. The cost is \$30 per couple and all proceeds will go towards Lindon City Parks. Tickets can be purchased in advance at the Community Center front desk or at the door. For more information contact Amerie Belliston at 801-559-7171. Come out for a fun date night and support the Little Miss Lindon girls fundraising efforts and also support a great cause!



LINDON SENIOR CENTER NEWS

Things to Watch for in February:

- + **Senior Pickleball**—Mondays 10am-12pm
- + **Chair Fitness**—Tuesdays and Thursdays 10:30am
- + **Wellness Clinic**—UVU Nursing Students Wed, Feb. 3rd 10:00am-12:00pm
- + **Family History Lab**—M, T, W, 10:30am
- + **Computer Basics**—Friday 10:30am
- + **Bookmobile** — Feb. 8th and 22nd 11:00am-12:30pm
- + **Card-Making Club** — Thursday, Feb. 11th and 25th, 12:30pm
- + **Valentine's Lunch Party**— Friday, Feb. 12th Utah Valley Skyline Chorus Entertaining
- + **Center Closed**—Monday, February 15th *President's Day*
- + **Morning at the Movies Bus Trip** — "The Philadelphia Story" Bus leaving at 9:30 am, \$2
- + **Senior Day at Legislature**—Feb. 10th contact Rachel if interested in attending.
- + **Health Screenings**— A+ Home Health Friday, Feb. 12th 11:00 am-12:00 pm, Harmony Home Health Friday, Feb. 26th 11:00 am-12:00 pm
- + **Leap Year Lunch Party**— Feb. 29th 12:00pm



"Morning at the Movies" Bus Trip

"The Philadelphia Story"
Scera Theatre in Orem
Cost is \$2
Bus will be leaving the
Community Center at 9:30 am
and we will be back for lunch
Free Popcorn!

VALENTINES DAY LUNCH PARTY!

Come and join us for our annual Valentine's Day Senior Lunch Party to be held on Friday, February 12th at noon at the Senior Center, 25 North Main. A delicious lunch and treats will be complimented with entertainment from the Utah Valley Skyline Chorus! Hope to see you all there!



Chair Fitness

Tuesdays and Thursdays, 10:30 am to 11:30 am. City Councilmember, Randi Powell, donates her time twice a week to the health and wellness of Lindon Seniors by leading this class! Come and enjoy good music and good company while getting some great exercise!

Card-Making Club

February 11th and February 25th at 12:30. **FREE!!!** All materials included. Come to be creative and social and leave with free greeting cards!



Health Screenings

HEALTH



SCREENING

A+ Home Health Friday, Feb. 12th 11:00am-12:00 pm
Harmony Home Health Friday, Feb. 26th 11:00am-12:00pm

A Reminder that we have a bus! We are offering rides to and from the center on Mondays, Wednesdays, and Fridays. This is available for Lindon Resident Seniors. Pick-ups are between 10am and 11am. Drop offs are between 1pm and 2pm. Reservations must be made at least one day in advance. Please let us know if you would like to take advantage of this service, especially during this time of year!

For more information see the senior newsletter or contact the Senior Center Front Desk at 801-769-8625

[Senior Center February Newsletter](#)

[Senior Center February Lunch Menu](#)

Home Energy Assistance Target Program (HEAT)



This program is known as HEAT, and is open to applicants through April 30, 2016. This program provides a lump sum benefit to assist individuals and families pay higher energy costs during the winter season. Eligibility and amount of benefit is based on income, household size and composition. Applications are accepted by appointment, by mail or online. Contact us today for more information at [801-229-3855](tel:801-229-3855), or www.mountainland.org/heat. [Click here](#) to view flyer.

AARP Free Tax Aide!



Available for Senior Citizens on Wednesday, March 9th at the Lindon Senior Center. Must call ahead to make an appointment at 801-769-8625.



Community Book Fair

All are welcome! Come shop early for Easter - we have books for all ages and interests!

Lindon Elementary library
February 1-5, 2016

Hours: Monday 8am-2:30pm, Tuesday & Thursday 8am-8pm, Wednesday 8-4pm, Friday 8am-12 noon

All proceeds benefit literacy efforts at Lindon Elementary and put new books directly in the hands of Lindon children. You may also order online from January 29th - February 12th (expanded dates and a larger selection) [click here](#) to order online. Online orders will be delivered to Lindon Elementary front office toward the end of February.

For more information or to volunteer, contact Cheri Hardman at [801-836-2598](tel:801-836-2598) or Stefanie Banner at [801-372-8583](tel:801-372-8583)

LINDON MONTHLY RECYCLE FACTS



February: Where does your recycled plastic go?

Did you know that recycled plastic can be used for more than just water bottles? Just five plastic bottles recycled provides enough fiber to create one square foot of carpet or enough fiber fill for one ski jacket. And have you ever noticed those little numbers on the bottom of plastic containers and have you ever wondered which ones are recyclable? The answer is easy...every single one! Please make sure you're tossing those plastic materials into your blue recycling bin! Check out these important facts about plastic!

- Enough plastic is thrown away each year to circle the earth four times.
- By using reusable drink containers an average person can eliminate the need for 100 disposable bottles per year.
- Americans throw away 35 billion plastic bottles every year.

If you are interested in ordering a recycling can please contact the Lindon City Utilities Clerk at 801-785-5043 or by email at slaidler@lindoncity.org.

Utah Valley Job Fair

You will not want to miss the Utah Valley Job Fair on **Wednesday March 9, 2016** from 3:00 p.m. – 6:00 p.m. This is the largest job fair planned for 2016 in Utah County. It

will be held at the Utah Valley Convention Center, 220 West Center St. (Exhibit Hall A) in Provo, Utah.

Job-seeking Attendees will be able to create invaluable relationships with HR personnel and explore career opportunities with some of the biggest and best paying companies. You will be able to meet 120 employers looking to hire hard working employees.

Attending Employers will have a huge opportunity to meet hundreds of job seekers looking for work or exploring ways to find long-term careers. Marketing efforts for this event come from City, County, Local Chambers, School Districts, UDOWD, Department of Workforce Services, Vocational Rehabilitation, MATC, LDS Employment, UVU and BYU.

Employer Registration will open the first week of February. To receive updates make sure you "like" us on our [Facebook page](#). Email your questions about the Job Fair to utahvalleyjobfair@gmail.com.

Save the date, March 9th, and plan to attend.

WE HOPE TO SEE YOU THERE!

[Utah Valley Job Fair Flyer](#)



If you are interested in volunteering with the **Healthy Lindon Program** in our wonderful community Please contact Valarie Diehl at 801-785-3540 or by email at webefit@byu.edu

Public Works Pointers

Snow Plowing

What a difference a year makes! We've had several good snowstorms this year, and when it starts to snow our crews are busy plowing our streets. If your street or cul-de-sac is not being plowed, the most probable reason is that there are cars parked along the side of the roads. Please remember to keep cars parked in the driveway, not the street.

Storm Drains

Please do your part to keep our storm drains clean and unclogged. With all the moisture we've received, our storm drains are our first defense against flooding.

Remember also that whatever goes down our storm drains ends up in Utah Lake, so be sure to never dump anything in the drain. Help keep the lake clean for our children and their children! Please report any dumping to 801-796-7954.

NOTICE: Lindon City Tree Advisory Board Removes Ash Trees from Recommended Tree Planting Guide.

January 28, 2016 – During the January Meeting of the Lindon Tree Advisory Board, the Board voted unanimously to remove the Ash (Fraxion) from the Lindon Recommended Tree Planting Guide. This is due to the Emerald Ash Borer (EAB) that has invaded the U.S.

Lori Spears, USU CAPS coordinator explains, "The Emerald Ash Borer (EAB) is an invasive pest that specializes on ash trees, and is considered to be the most destructive forest insect to ever invade the U.S. In 2002, EAB was first detected in the U.S. in Michigan, and is thought to have arrived in wood packing material from its native Asia. Since then, EAB has been found in more than 20 mid-western and eastern states, killing more than 50 million ash trees.

In September of 2013, EAB was found in Boulder, Colorado, and is now on Utah's front door. We have not yet encountered EAB in Utah, but this pest does pose a significant risk of introduction and establishment. Further, evidence suggests that EAB is generally established in an area for several years before it is detected (see [USDA's EAB Pest Alert](#) for more information).

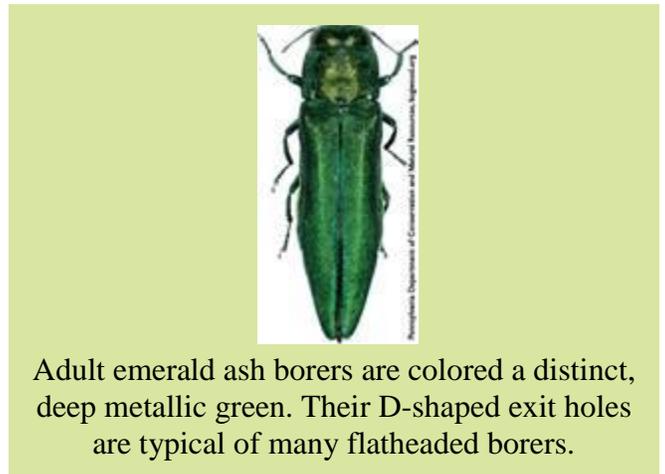
EAB adults are bright, metallic, emerald-colored insects and are only about one-half inch long. In the spring, the adults will lay eggs on ash bark, and are particularly attracted to compounds given off by stressed ash trees. Once the eggs hatch, the larvae will bore into the tree, eating the bark and creating S-shaped galleries, where they will eventually pupate and overwinter. The next spring, the new adults will emerge from the tree, leaving behind distinctive D-shaped exit holes. The larvae are the damaging stage of this pest and kill trees by destroying the tree's water and nutrient conducting tissues.

Obvious signs of EAB damage include thinning of the tree's canopy, new growth at the base of the tree, bark splits, and woodpecker feeding. Once damage is noticed, however, it is already too late; an EAB infestation is nearly always fatal to the tree. When EAB is found in an area, federal quarantines are enforced to prevent ash timber from being moved out of infested areas.

The Utah Cooperative Agricultural Pest Survey (CAPS) program team has been conducting pest detection surveys for EAB, and is hoping to conduct surveys for EAB again next year in addition to teaching workshops to help inform the public about this pest. If you are interested in participating in these workshops, watch for updates on the [Utah CAPS program website](#). We will know the status of these workshops by mid-summer.

EAB is primarily spread by movement of infested wood by humans. Therefore, we encourage the public to help stop the spread of EAB by not moving firewood and burning wood where you buy it. Also, if you have ash trees in your yard, please check them periodically for signs of EAB. The sooner EAB is detected, the easier and cheaper it will be to control. If you suspect you have EAB in your area, please contact Lori Spears (USU CAPS coordinator; lori.spears@usu.edu) or Clint Burfitt (State Entomologist; cburfitt@utah.gov). Since EAB looks similar to other insects, it is important that trained entomologists examine suspect specimens.

Although EAB has not been found in Utah, the Lindon Tree Advisory Board encourages residents to choose from the many great tree varieties available at your local nurseries. Great alternative trees could be the Ginkgo Biloba, Kentucky Coffee Tree (*Gymnocladus dioica*), Golden Rain Tree (*Koeireuteria paniculata*) and many others. We encourage tree planting and encourage residents to consult your local nursery professionals.



Adult emerald ash borers are colored a distinct, deep metallic green. Their D-shaped exit holes are typical of many flatheaded borers.