

“CHILD FIND” PROGRAM

The Alpine School District Department of Special Education is attempting to contact persons with disabilities between the ages of birth and twenty-one, in compliance with the Federal law, which mandates the provision of free educational programs and /or services for such persons. If a child is having significant difficulty with vision, hearing, speech, behavior, is experiencing slow development untypical for hi/her age, physical impairments, or learning difficulty, he/she may be a child with a disability. If you know of any child whom you feel might qualify for these services, including students suspected of having a disability even though they are advancing from grade to grade, in a private school, homeless, immigrant, please contact the principal of your school or the Special Education Office of Alpine School District at 801-610-8410. If you are the parent of the child with an IEP enrolled in a public school, we are required by Utah Code to inform you of the availability of a scholarship to attend a private school through the Carson Smith Scholarship Program. For more information visit the following website:
<http://www.schools.utah.gov/sars/Quick-Links/Carson-Smith-Scholarship.aspx>.

NEW YOUTH FUTSAL (INDOOR SOCCER)

The Utah Futsal Arena and the City of Lindon have partnered with surrounding cities to offer a recreation Futsal league. Futsal is a form of soccer typically played indoors, which makes it a great sports option for Utah's unpredictable spring weather! Futsal is action packed and is great for the development of soccer skills such as dribbling, passing, receiving and shooting. The Futsal arena will staff professional trainers to prepare and run a practice each week, directly followed by a full game (1.5 hours). The league will cater to boys and girls Kindergarten-8th grade and will start up the 2nd week of March and conclude the 1st week of May (8 wks). Fee is \$50 and includes a jersey. League will be held at the Utah Futsal Arena at 1661 N 400 E Vineyard, UT. For more information call 801.796.2119. Registration is only available online: <http://utahfutsal.com/city-league-futsal/>

LITTLE MISS LINDON BREAKFAST

The Little Miss Lindon Royalty, as well as this year's contestants, is hosting a "**Getting to Know You!**" **Breakfast**. They are inviting all of Lindon's golden citizens (55+) to come on Saturday **February 22nd at 10 a.m.** There will be a free, light breakfast held in the North end of the Community Center (The Senior Center,

25 N. Main St). It will surely be an enjoyable morning with great food & great company. The girls are excited to meet, eat and mingle with the **TRUE** royalty of Lindon!

SENIOR CENTER BUS

The Lindon Senior Center is the proud new owner of a bus! We will be able to transport Lindon Seniors to and from the center on Mondays, Wednesdays, and Fridays. The pick-ups will be between 10:00 and 10:30 and drop-offs roughly around 1:30. We hope this service will help more seniors take advantage of the center where they can eat lunch (noon), exercise, use the computers, relax in the library, play billiards, and of course socialize! Please contact the Senior Center if you are interested in using the bus system at 801-769-8625.

HEALTHY LINDON OLYMPIC CHALLENGE "Go For YOUR Goal"



Monday, February 17th – Saturday, April 26th

Pick your own **GOALS** in an Exercise Goal and Nutrition Program and then track your progress on the tracking sheet and push yourself to "**Go For YOUR Goal**"

Any questions, contact Valarie Diehl at 801-785-3540

ATTENTION SENIORS!

Do you need help getting to the grocery store? Do you need transportation to doctor appointments? The Senior Companion Program can help. We have volunteers who can help run those essential errands or just come and visit for awhile. The Utah County Senior Companion Program has been providing this **free** service for 23 years. Call if you have questions or would like to sign up at 801-851-7767. Check out our website for more info. www.utahcountyhealth.org/seniorcompanion

HELP WANTED!

The Utah County Senior Companion Program is looking for seniors (55+) who would like to serve other seniors in their community. Volunteers will receive a stipend (about \$200 per month) and reimbursement for mileage. Volunteers must be income eligible, be willing to serve 15+ hours per week and have the desire to help others. Call the Senior Companion Program at 801-851-7767 for an application. Check out our website for more info at www.utahcountyhealth.org/seniorcompanion