



APRIL 2016

# "A LITTLE BIT OF COUNTRY" CITY NEWSLETTER

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**Mayor**  
Jeff Acerson

**City Center Offices**  
100 North State St./Upper Level  
785-5043

**Community Development**  
100 North State St./Lower Level  
785-7687

**Public Works**  
946 West Center Street  
796-7954

**Justice Court**  
100 North State Street  
Upper Level  
785-1971

**Police Department**  
100 North State Street  
Lower Level  
Emergency - 911  
Non-emergency Dispatch  
229-7070  
Police Department Offices  
769-8600

**Fire/EMS**  
Emergency - 911  
Non-emergency Dispatch  
229-7070  
Other Fire Services  
229-7327

**Aquatics Center**  
60 West 60 North  
610-4160

**Community/Senior Center**  
25 North Main  
769-8637/769-8625

**City Website**  
[www.lindoncity.org](http://www.lindoncity.org)  
[www.facebook.com/lindoncity](https://www.facebook.com/lindoncity)

## Spring really is almost here...Be smart, Be safe!

It's been a long and grueling winter, which was colder and wetter than normal here in town. As spring begins to arrive, everyone wants to get outside to enjoy the improving weather. It's probably a good time to remind everyone that there are now more people out on the streets enjoying the better weather after being cooped up for so long. Kids are playing, joggers are running and bikers are peddling off those winter pounds.

Due to a lot of factors, Lindon residents and all of us in Utah are more healthy and active than people in most areas. Utah ranked as the fifth healthiest state in the nation in 2015, with low rates of obesity, and smoking. We also enjoy a ranking as the third happiest state to live in and the fifth most active lifestyle state. We enjoy the added benefit of living in one of the premier outdoor recreation areas in the United States. This is a good thing, which results in more people being outside but which can add up to increased road hazards and a demand for extra vigilance as we drive or recreate in the City. If you are getting in those early morning runs or even just letting the kids run through the neighborhood, please remember, that as we grow, traffic on our streets is increasing.

Auto-pedestrian/bicycle accidents here and in other towns, are most often the fault of the pedestrian or bicyclist and often it is simply because they don't pay close enough attention or remember to follow the rules of the road. Please remember that if you are riding a bike on the streets, you are required to follow all traffic laws. That means signaling your intention to turn, stopping at stop signs, proper lane travel and even observing the speed limit. On many of our hilly streets it is very easy to go faster than 25 miles per hour on a bike. It is a very dangerous thing to ride a bike faster than the flow of traffic but it is common to see bikers passing cars coming down 200 South or 400 North.

Take the time to remind your children to be responsible for their own safety. Remember if running or biking to wear high visibility clothing and that wearing helmets on bikes really does save lives. Look both ways before crossing a road and don't suddenly burst out into the street. Humans are not the only ones who want to get outside at this time. Our pets want to get out and enjoy the warmth as well. Please take safety precautions for your animals. Dogs should be on a leash and not allowed to run free. Keeping pets under control is effective at protecting your furry family members and may actually be saving their lives.

If you run or bike or are a large animal owner and enjoy riding your horse in town, please take advantage of our trail system and avoid as much traffic interaction as possible. The Lindon Heritage Trail is open and safe. The Murdock Canal Trail is complete and enjoys huge amounts of users. Both are great alternatives for safe recreation and can provide easy access across town and to the trails in the foothills. If you are using the trails, please obey all traffic signs and exercise caution at intersections!

All of us drive cars every day, they are a necessity of life here. I want to compliment you all, as we actually enjoy very safe streets in Lindon and most residents really do seem to travel with safety in mind. Even though serious accidents are fairly rare, as drivers, we must remember to always be alert, put down the cell phones and pay attention as we drive. Try to minimize distractions within your car and plan for hazards far in advance. As you approach a jogger or biker try to share the road and give them a wide berth. Be prepared for any sudden un-foreseen movement and be ready to react to them.

This spring had been a long time coming. By working together to be safe we can avoid any tragedies and enjoy the coming warm months together.

**Cody Cullimore, Chief of Police**

### City Wide Clean-up!

**April 23<sup>rd</sup> – April 30<sup>th</sup>**

Dumpsters will be available at the following locations:

City Center Arena – 200 N. Main  
Public Works – 946 W. Center  
Hollow Park – 400 N. 300 E.  
Equestrian Staging Area – 140 N. 1200 E.  
Pheasant Brook Park – 290 N. 800 W.

LINDON COMMUNITY CENTER



2016 LITTLE MISS LINDON ROYALTY



Congratulations to the newly crowned 2016 Little Miss Lindon Royalty! Queen, Sabrina Romero with attendants: Shara Bartholomew, Adelaide Hawkins, Brientz Fuller, and Sienna Tomlinson. You girls will do a great job representing Lindon City! Also a BIG thank you to all of the contestants, parents and the Little Miss Lindon Directors for their participation, hard work and enthusiasm! We hope you made some great memories!



Coed T-Ball, Coach Pitch & Machine Pitch

Baseball registration will be opening in April! The leagues will begin the first full week of June and will conclude at the end of the month. Games will be held Tuesdays and Thursdays for T-Ball and Machine Pitch. Games will be held Wednesdays and Fridays for Coach Pitch. All games will be held at Pheasant Brook Park (400 N 800 W, Lindon).

Fee: \$35 Ages: T-Ball (4-5), Coach Pitch (6-7), Machine Pitch (8-9)

REGISTRATION: April 4th-May 2nd (Late Registration May 3- 9th, space permitting)

KIDS CRAFT CLUB



Send your kids to our Kids Craft Club this spring. Different crafts will be made and taken home each week. All supplies are included. Classes will be

held on Fridays from 4:00-4:45 pm at the Lindon Community Center in Room 6. Space is limited to 16 participants. Sign your kiddos up for all of our sessions. Different crafts will be taught each month.

Grades: K-3rd Fee: \$20 (4 classes)

Sessions: April 1st - 29th (excluding 4/8) and May 6th - 27th

British Soccer Camp

British Soccer Camps provide players of all ages and abilities with the rare opportunity to receive high-level soccer coaching from a team of international experts. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Camp includes a FREE ball and t-shirt. Register before April 29th and receive a FREE JERSEY!

June 13th-17th @ Pioneer Park (150 S 500 E)

Online Registration only at www.challengersports.com

Table with 4 columns: Session Name, Ages, Time, and Fee. Rows include Mini Soccer, Half Day, and Golden Goal.

The "Golden Goal" session is a fun packed add-on session that runs Monday-Thursday and is open to the half day campers only. Please provide your child with a lunch. Challenger Sports coaches will supervise the children over the break between sessions.



Join our gymnastics/tumbling class this spring. Participants will learn basic tumbling skills and proper stretching techniques. Some skills that will be taught are hands stands, back bends, cartwheels, round offs, walk-overs, front hand springs, and simple techniques on the bar. Limited space. Our 5 week spring session begins in at the end of April and will conclude in May/June. Classes will be held at the Lindon Community Center (25 N Main St.) in the Cultural Arts Auditorium on the north side of the building.

Spring Session: April 26th-June 1st (No Class May 3rd & 4th)

Fee: \$35 (5 weeks) (Levels 2-4 are pre-req. classes. Only returning participants may register for them)

TUESDAYS

Level 1: 4:00-4:45 pm (Ages 4-6) Level 2: 5:00-6:00 pm Level 1: 6:15-7:15 pm (Ages 7-9)

WEDNESDAYS

Level 2: 3:55-4:55 pm Level 3: 5:05-6:05 pm Level 4: 6:15-7:15 pm Level 2: 7:20-8:20 pm (if needed)

If this session fills up and you want to get your child into the summer session, please call the Community Center and get him/her on the waiting list. Those who are on the waiting list will be called before we open up the next session to the general public.

All Level 2-4 participants must register in person at the Lindon Community Center.



The Lindon Aquatics Center will be accepting swim lesson and swim team registration on April 25<sup>th</sup>. [Click here](#) to register online or in person at the Community Center.



**PG Vikings Youth Football  
Grades 1<sup>st</sup> – 9<sup>th</sup>  
Full Pads, everyone plays!**

Registration is now open for the new PG/Lindon Football league! [Click here](#) for more information.

*"We provide state of the art equipment and ensure that proper football skills are taught and most importantly that our children obtain the desired characteristics taught and learned from being a part of the great sport of football!"*



Lindon City is thrilled to get the 2016 Spring Youth Baseball season going! Teams have been made and practices have started. Please join us for the upcoming ceremonies.

**Opening Day Ceremonies  
Tuesday, April 19<sup>th</sup>, 4:30pm  
Lindon City Park, 200 N. State St.  
Followed by the first games of the season!**

Come support these awesome players, take advantage our beautiful park, enjoy some delicious concessions, and help Lindon Baseball continue as a strong tradition in the city!

**UMPIRES NEEDED ASAP**

We also need to hire umpires for Lindon Baseball ASAP. Click here if interested to fill out an application or contact Rachel for more information. 801-769-8627 [rdrafer@lindoncity.org](mailto:rdrafer@lindoncity.org). Minimum age requirement: 15 years.

**Community Book Fair - Buy One Get One FREE!!  
All are welcome!**



Come shop our **Buy One Get one FREE Book Fair** - we have books for all ages and interests! Lindon Elementary library April 25-29, 2016  
Hours: Mon 8am-2pm, Tues & Thurs 8am-4pm, Wed 8am-6:30pm, Fri 8am-12 noon

All proceeds benefit literacy efforts at Lindon Elementary and put new books directly in the hands of Lindon children.



**LINDON SENIOR CENTER NEWS**  
*Things to Watch for in April*

- ✚ Pickleball—Tuesdays 10am-12noon
- ✚ Chair Fitness—Tues and Thurs 10:30am
- ✚ Free Card-making club, April 28th, 12:30pm
- ✚ Bus Trip: Avalon Senior Apartments Tour Wednesday, April 13th. 12:30pm. Please sign up!
- ✚ Lindon Baseball Opening Ceremony, April 19th 4:30pm.
- ✚ Free Hand Massages from Absolute Compassion Wed, April 20th 10:30am
- ✚ Bus Trip: Thanksgiving Point Tulip Festival and Festival Market. Friday, April 22, 9:30am, \$17 admittance fee. Please sign up. 6 person minimum.
- ✚ Harmony Home Health, Free Blood Pressure and Blood Sugar checks. Friday, April 29th 11am-12pm

**Senior Center April Newsletter  
Senior Center April Lunch Menu**



The fastest growing sport in America has come to the Lindon Senior Center! All ages and backgrounds can enjoy playing this game (a combination of elements of tennis, ping pong, and badminton). Seniors, come see what it's all about on Tuesday's from 10am-12pm.  
**IT'S SO MUCH FUN...Come play with us!**

**SENIOR BUS TRIP**

Thanksgiving Point's Annual Tulip Festival  
Friday, April 22<sup>nd</sup> at 9:30am  
Entrance fee: \$17



Featuring 250,000 tulips displayed in the 55-acre Ashton Gardens. The Tulip Festival is an awe-inspiring sight that is redesigned each year to create a new display.

In addition to the spectacular tulips, on Fridays and Saturdays the Tulip Festival includes music, vendors, and food. Significant walking is required. Must sign up, 6 person minimum to facilitate tour.



### Avalon Senior Apartments Tour

**Wednesday, April 13<sup>th</sup>, 12:30pm**

Join us to take a visit and learn more about Lindon's newest senior housing option located just across from the Lindon City Center Building on State Street!

### STEPPING ON WORKSHOP FOR SENIORS!



"Stepping On" is a 7 (seven) week workshop that builds strength, balance and confidence in an effort to reduce the number of falls for a person 60 and older. Falls are the leading cause of injury, hospital admissions and death

among older adults. More than one third of seniors experience a fall each year. Stepping On is an evidence based program that helps seniors become more aware of fall hazards and to learn how to reduce their fall risk. Classes are free, but reservations are required (space and materials are limited). This Stepping On workshop is has been funded by Mountainlands Association of Governments.

**WHEN:** Tuesdays; March 29 - May 10, 1 pm - 3 pm

**WHERE:** Santaquin Senior Center (55 S 100 W)

**TO REGISTER:** Please call 801-851-7095 or 801-851-7084

**CONTACT:** **Kim Doroghian**, UCHD Health Educator at (801) 851-7084 or **Carrie Bennett**, UCHD Injury Prevention Coordinator at (801) 851-7035.



The **Great Utah ShakeOut** is back!

On Thursday, April 21, 2016, at 10:15 a.m., hundreds of thousands of Utahans will practice the correct earthquake actions of drop, cover and hold on as they participate in the only statewide emergency drill in Utah. We invite you to engage with your community in this effort. [Click here](#) for more information and to register. Be prepared and resilient in case of both local and widespread emergencies!

local recycling program in honor of Earth Day! Call the city today to sign up!

- On average only 30% of our waste is recycled even though 70% of what we throw out is recyclable.
- Recycling one aluminum can saves enough energy to listen to a full to a full album on your iPod.

If you are interested in ordering a recycling can please contact the Lindon City Utilities Clerk at 801-785-5043 or by email at [slaidler@lindoncity.org](mailto:slaidler@lindoncity.org).



The State of Utah, Juvenile Courts, under the Guardian Ad Litem & CASA (Court Appointed Special Advocates) office represents children 0-21 who are in juvenile custody.

CASA's are trained volunteers that are appointed to cases with the Guardian ad Litem. CASA's visit kids in their current placements to ensure all their basic needs are being met. If the kids are in school they will go to the school and get a report of how they are doing academically. The CASA's also write court reports for the court hearings and attend the hearings. They are an extra set of eyes and ears for the Guardian ad Litem and are there to observe since the Guardians have a high load of cases.

Volunteers for Utah County are needed as there is a demand for more advocates. If you would like to volunteer and be an advocate for a child in your area please contact Monica Kinlacheeny, CASA Coordinator at [monicak@utcourts.gov](mailto:monicak@utcourts.gov). [Click here](#) for more information.



### Come Join April's Healthy Lindon Challenge **EAT YOUR VEGETABLES!**

Eat **AT LEAST** 1 serving of vegetables **20 DAYS** this month!

If you are interested in helping with the Healthy Lindon Program in our wonderful community contact Valarie Diehl at 801-785-3540 or at [webefit@byu.edu](mailto:webefit@byu.edu)



Don Peterson



Brian Lloyd & Dennis Kendall

Lindon City's Public Works Department was the recipient of two awards in March. Our Water Department was recognized as having provided "Outstanding Service to Water Customers." Don Peterson, the Public Works Director, was recognized as having provided "Outstanding Service to Rural Utah." Congratulations to the great representation from our Public Works Department! Thanks to all our great guys for the awesome service they provide to the City!

## LINDON MONTHLY RECYCLE FACTS

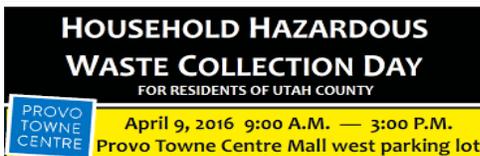
**April:** Did you know that the earth has its very own holiday! Earth Day is April 22<sup>nd</sup> and was established in order to raise awareness about our responsibility to care for our planet. Check out these awesome facts about recycling and encourage your family and friends to participate in our



### SEEDLING TREE AND SHRUB SALE



The Combined Districts of Alpine/Timp-Nebo will be conducting their annual tree sale this April. Orders can be placed anytime from now until Friday, April 15, 2016. Our affiliate is the Utah Association of Conservation Districts. Seedling trees and shrubs adapted to our area are on sale for \$2.00-\$3.50 per seedling sold in bundles of 5 or 10 depending on specie. Seedlings must be pre-ordered and pre-paid and are available on a first come first served basis until we run out of stock. [Click here](#) for an order form or they can be accessed on [uacd.org](http://uacd.org), be sure you click on the icon that says Timp-Nebo/Alpine bareroot stock sale or call 801-377-5580 ext. 121. Seedlings will be available for pickup April 22-23 in two Utah County locations.



Utah County residents with household hazardous waste items such as old gasoline, paint, fluorescent light bulbs, batteries and unused medications will be offered safe disposal of these items at a Household Hazardous Waste Collection Day on Saturday, April 9th, 2016 from 9 a.m. to 3 p.m. The collection will take place in the west parking lot of the Provo Towne Centre Mall in Provo. [Click here](#) for details, including a list of what will or will not be collected or call 801-225-8538 (North County) or 801-489-3027 (South County). [Click here](#) to view flyer.

**WHEN:** Saturday, April 9th, 2016 - 9 a.m. to 3 p.m.

**WHERE:** Provo Towne Centre Mall, west parking lot



The State Department of Environmental Quality issued the dates when open burning is possible this year. They have also reminded us of the regulations which require completion and approval of an on-line permit application for anyone wanting to open-burn for any reason. Open burning is considered daily by the DEQ and is allowed only if the "Clearing Index" is high enough to allow it. Completed and approved permits must be on-site with the responsible person at the location of the open burn. Open Burn Season-Permits may be issued between March 30 and May 30 and between September 15 and October 30. This rule allows open burning of clippings, bushes, plants, and prunings from trees incident to property and residential clean-up activities. No trash, rubbish, tires, or oil are included in the material to be burned, used to start fires, or used to keep fires burning. [Click here](#) for more information.



### MONUMENT NAMES NEEDED!

Please join us in honoring our Veterans at our annual Memorial Day Ceremony May 30, 2016 at 9:00 am at the Lindon City Cemetery. If you know of a Lindon Veteran whose name is not yet included on the Monument to Freedom, please let the Police Department know as soon as possible so that the names can be included for engraving and honored this year. Deadlines for submission have to be set and this year names must be in by April 18th. You can phone them in at 801-769-8600 or by email to [chief@lindoncity.org](mailto:chief@lindoncity.org).

## Employee Recognition



The City is pleased to recognize **JAKE WOODCOX**, Parks Technician, for his outstanding employee efforts with our Employee Recognition Award for this quarter. Congratulations and thanks for always doing a great job for the city and going the extra mile Jake!

*Lindon City wants to thank **PROFIRE ENERGY** located in Lindon, for donating and supporting Lindon City's Employee Recognition Program.*



**Lindon Community Preparedness Fair**  
**Saturday, April 30<sup>th</sup>, 2016**  
**Lindon City Park**  
**200 N. State St.**  
**Lindon, UT**

Classes and displays with focus on food, water and shelter. Food topics include storage, recipes, gardening, greenhouses, canning, freeze drying, sprouting, raising chicken, bee keeping, Dutch oven, sun oven, and thermal cooking. [Click here](#) for more information. [Lindon Preparedness Fair Flyer](#)



### **HOW I CAME TO LINDON...**

Featuring the David and Tresa Hamson

David and Tresa came to Lindon 23 years ago in 1993. They had just had their first child and were looking for a home to raise their growing family. They were looking for somewhere with room for a big yard and a garden; they looked all around. Neither had grown up in Utah, but both had attended BYU where they met and got married. David worked at a company called SoftSolutions in Orem as programmer. When they were looking at places to live and build a house, they chose Lindon because the plot was a good, big piece of property, conveniently located with good neighbors. One neighbor in particular, George Curtis, practically recruited them for the ward basketball team. Tresa had played basketball professionally around the world and also at BYU. Also 6'8" David wouldn't hurt. 23 years later, they are happily raising their five children in this beautiful city. In the many years now that they've lived in Lindon, they've enjoyed it as a small city, because they know the local leaders, policemen, firemen, and government officials. They especially have enjoyed the big lots of land for big gardens, animals and, in their case, a swimming pool. The house at the end of their street, where George Curtis lived, has always had horses, goats, and at one point an emu (ostrich type bird). They also advise anyone moving to Lindon to be actively involved in the city and be a part of the city. Attend city council meetings every once in a while to keep up on the news. Meet the local police and firemen, and especially during Lindon Days go and do all the activities with your family; notably the rodeo!

*Article written by: Sara Hamson*

*These monthly articles are presented by the Lindon City Historical Preservation Commission featuring our Lindon youth residents titled "How I Came to Lindon". This month's article is written by Sara Hamson. These articles are written to preserve Lindon's Historical stories and to honor the residents of Lindon.*

*If you have a family member or friend, living in Lindon, who would like to be featured in an article, please email [llamoreau@lindoncity.org](mailto:llamoreau@lindoncity.org)*

*\*\*Pictures courtesy of the Lindon Historical Preservation*