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# Paula Reid

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## TROPICAL SEAS SUPPLY LIST

### Fabric:

- Eight "fat eighths" (9"x22") for weaving and pieced border
- 1/2 yard background fabric
- 1/4 yard for inner border
- Enough printed fish fabric to isolate several fish for appliqué
- 1/4 yard green fabric (can be cotton, tulle, net, or ?) for seaweed
- 1 yard backing
- 1/4 yard binding

### Batting and Interfacing:

- Four 8-1/2" squares and four 4-1/2" squares of fusible light-weight interfacing (such as French Fuse)
- 1 yard water soluble stabilizer (such as Sulky Solvy)
- Enough stabilizer (such as Tear-Easy) to go completely under quilt top (need approximately 36" square; may be overlapped)
- 36" square cotton batting (preferably Warm & Natural – prewash before using)

### Notions:

- Cotton thread for piecing; invisible thread for appliqué (smoke or clear) & decorative threads for quilting & embellishment
- Shells, charms, yarn, etc. for embellishment
- Rotary cutting tools (mat, cutter, standard ruler)
- Large square ruler for squaring up blocks (mine is a 12-1/2" square Omnigrid)
- Small scissors or thread snips; regular fabric-cutting scissors
- Straight pins
- Safety pins and masking tape for basting

### Sewing machine and accessories:

- Bring manual in case we have questions
- Extra machine needles
- Regular or 1/4-inch foot for piecing
- Walking foot for machine quilting, darning foot for free motion and appliqué foot (Bernina #20) for appliqué

NOTE: I did the weaving on a June Tailor Cut and Press board. If you don't have one of these and do not wish to purchase one, you can make a padded, lined weaving surface by marking an area at least 8 inches square with permanent marker on a piece of muslin at least 16" square. Line this square at one inch intervals, both vertically and horizontally, to serve as a guide for your weaving. Cut a piece of heavy cardboard 12" square and a piece of thick batting 12" square. Glue the batting to the cardboard and then center the lined area of the muslin over it, securing it on the back with tape or glue stick. The important thing is that you be able to pin into this grid to secure strip ends while weaving.

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