

Disappearing Nine Patch With A Twist Runner

Approximately 21" x 55"



	Amount	First Cut
Background Squares	1/2 Yard Light to Medium (or 2 fat quarters)	3 – 5" strips Sub-cut 20 – 5" squares
Contrast Squares	2 Different Medium fat quarters 2 Different Dark fat quarters 1 Bright Focus fat quarter	From Each Color: 5 – 5" squares
Optional Borders	1/3 Yard	5 – 2" strips x WOF
Back & Binding	1 Yard	

Step 1: Make Nine Patches

Layout your blocks for the nine patch. Your focus dark/bright fabric should be the center block. If you would like the background to come out all light (as in the sample photo) then use the light squares in the 4 corners. If you would like the light fabric to create the pattern, then use the remaining dark and medium on the 4 corners.

Use a scant 1/4" seam allowance.

Press all seams open.

The sample was laid out per **Figure A**:

Light	Dark	Light
Medium	Bright	Dark
Light	Medium	Light

Figure A

Join your strips to create your nine patch. Important: Press all seams open. This will help eliminate some of the seam bulk later on. Square up your block. It should measure 14". Make 5 blocks in this manner.



Tip: Press your nine patch blocks with a light sizing such as Maryellen's Best Press before cutting to help keep your bias edges from stretching

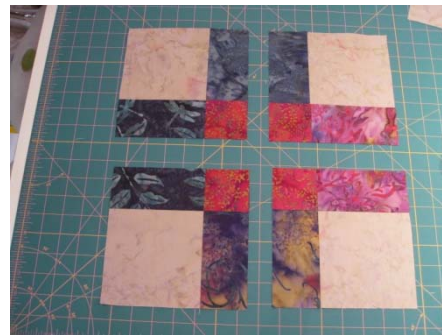
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Step 2: Make Your First Cut

You will now cut your blocks into four equal squares by cutting through the center both horizontally and vertically.



Step 3: Stitch new blocks together

Place two of the new squares together, right sides facing. Make sure that the small squares are in opposite corners.

Stitch completely around all outside edges (all four sides). It will be completely closed.



Step 4: Cut to create final block

Now cut the block diagonally in both directions to create 4 new blocks.

Open your new blocks and press seams open. You can now lay out your blocks in a pleasing pattern! There is no wrong or right way. Once you have laid out your new blocks, it is easiest to sew 4 together at a time to create a new larger block then sew all the new larger blocks together. Handle your blocks carefully as all your edges are now bias and will easily stretch and distort if not careful.



Tip: You will have bulk in your seams. Be sure to nip off all the little corners that extend past the block edge to help reduce the seam thickness.



Step 5: Borders & Finishing

- Cut 5 strips 2" x the WOF for borders
- Cut 5 Strips 2.25" x WOF for the binding

Note: The width and length of your final runner will vary based on how you arrange the blocks. Please adjust your borders, binding and backing to your actual measurements.

Cut your batting and backing slightly larger than your top. Layer your backing, batting and quilt top and baste with spray baste or pins. Quilt as desired. Trim your edges.

Stitch together your binding strips to create one long continuous strip. Press in half lengthwise. Attach your binding to the quilt and finish. Don't forget your label!



Variations: If you lay out your initial 9 patch block with the dark/medium blocks in the corners and your light squares on the inside centers (**Figure B**), your runner will take on a completely different look.

Medium	Light	Dark
Light	Bright	Light
Dark	Light	Medium

Figure B

