

# Quilt N Paint News

Creative Hands Quilt Shop and Decorative Painting Store  
1907 W Foxwood Drive, Raymore, MO 64083 (816)331-1992  
www.creativehandsquiltnpaint.com

January 2016

## A Note from Sheryll

Hello All:

Happy New Year!! My wish for you is that 2016 be filled with love, blessings, lots of finished projects & good health for each of you!

I will certainly miss you all while I am at home recovering from the chemo and stem cell transplant. Cheryl and I have put skype on our laptops and phones so that I you will still be able to say hi! **The shop will be open while I am recuperating!!!!!!**

You might notice a couple of changes to the newsletter! Getting everything ready for my transplant has put me in the organizing, cleaning, rearranging mode so I guess that applied to the newsletter also! Plus I wanted to try out some new things like B&B day and going green (check out the details later in the newsletter).

Please don't wait till the last minute to let us know if you are interested in any of our upcoming classes! We will need to make sure we have enough fabric, patterns, and supplies for you! We really need to know if you are interested in "Mid Winter Blues". I have ordered the blue fabric for the quilt but have not ordered any other colors yet based on current sign-ups. So please let us know as soon as possible if this class is one you would like to do.

Last year we did our first mystery quilt block of the month; I was so happy to see how some of the different color waves turned out! Thank you so much for sharing!



This year we are going to do something a little different! We will have 1 large mystery that will take 9 months to complete and then we are going to offer quarterly mysteries that will be smaller projects! We decided to do this because we understand how busy you are and know that a 9-12 month obligation can be a little overwhelming! So these projects will be able to be completed in 6 weeks or so and you will only have meetings every couple of weeks. I am still looking for the first pattern, so make sure you stay tuned for details in the February newsletter.

Don't forget to check out the sales on the last page of the newsletter!

Happy quilting & painting!

Sheryll

### • Store Hours:

Sunday: Closed

Monday: Closed

Tuesday through  
Friday 10-5

Saturday 10-3

If you need me to  
stay late all you have  
to do is call and let  
me know!

816-331-1992

Please remember to  
call the shop on  
inclement weather  
days to make sure  
we are open!



Another day  
another  
blessing!

# Creative Hands Word Search

## New Year

R T T F T P C Q V N Q H N S S S Y T B I T Y N Y  
 A L H X F H A P P Y E E V C Y D X T F N K E C J  
 E I A C A U W P U A E E R V T U H L I I M A G X  
 Y U N V K C T O E R P A D L L H G A D W F R A A  
 W Q K C B K S S G R P X I Y S P P U B O C N S C  
 E S Y I U F D G E C U O R U O S U Y O M R Q D Z  
 N D O D S Z N N L E T L H H D U M J P Y R S M T  
 Y N U T W I A U G B F Y H N I N R O R T E W D G  
 B A S J O C B J H O D W A Y R E T S Y M C V E Z  
 A H O G F K L Z C L P H F U T Z I T U B M P O T  
 B E M C A N Y O U B E L I E V E I T U P M Z W L  
 L V U F E B T F P V Y L R E T R A U Q Q P E Y S  
 E I C G Z M N L I E M F M W B V Z Q D J N O B I  
 S T H R E E B T F O U N D A T I O N S T D Y R X  
 S A C S W M A R F O S R A E Y W E N Y P P A H T  
 I E I Y E E S F O P Y P A I N U A D V I X D I E  
 N R R O R S U T I I W B K Z B I O B E V I B N E  
 G C B C W T S R O F D T K T J L L C G X G D X N  
 S I A T S D T A A N J E U W L M I K Z Y V N A G  
 Z K F W J S Z L L E E U R A F N W A J D A A P K  
 Z B E C K W C I W C D P R Y G H A X T P Y B V G  
 O N V A F F Q M I T X S L I C U G W Y K J D S K  
 M K C X I G Q I E J N B Z M Z R P O J A H G Z G  
 C O L O R I N G Q Q Z Z H D K E L S S Q I I E J

BABYNEWYEAR  
 BANDBDAY  
 BLESSINGS  
 CANYOUBELIEVEIT  
 CLASSES  
 COLORING  
 CREATIVEHANDSPAINT  
 CREATIVEHANDSQUILT  
 EMBROIDERY  
 FABRIC  
 FEESTUFF  
 FOUNDATION  
 GEMSTONE  
 GOINGGREEN  
 HAPPY

HAPPYNEWYEAR  
 LOVEYOUGUYS  
 MYSTERY  
 NEEDYOURSUPPORT  
 NEW  
 NEWSTUFF  
 PAPER  
 PIECING  
 QUARTERLY  
 SCRAPCLUB  
 SIXTEEN  
 STRIPS  
 THANKYOUSOMUCH  
 TWENTYDOLLARS  
 YEAR

After having 3+ heart attacks last year I realized I needed to change a lot of my habits (I am a typical woman who put everything before my own health. Whew did I get the message!!) One of the habits I have to change is to eat healthier! So this year I will try to keep the recipes to healthy options!

### Pear-Pecan Cheese Ball

#### Ingredients:

- 8 ounces reduced-fat cream cheese, softened
- 1 1/4 cups shredded extra-sharp Cheddar cheese
- 1 medium firm ripe pear, finely chopped
- 1 scallion, white and green separated, finely chopped
- 1/2 teaspoon salt
- 1/4 teaspoon ground pepper
- 1/3 cup finely chopped toasted pecans



#### Directions:

1. Stir cream cheese, Cheddar, pear, scallion white, salt and pepper together in a medium bowl.
2. Coat a large piece of plastic wrap with cooking spray. Scoop the cheese mixture onto it. Using the plastic wrap to help you, form the cheese mixture into a ball, then completely wrap in plastic. Refrigerate for at least 1 hour and up to 2 days.
3. Just before serving, combine pecans and the reserved scallion greens in a shallow dish. Roll the cheese ball in the mixture, pressing to adhere.

- **Make Ahead Tip:** Prepare through Step 2 and refrigerate for up to 2 days.
- **Nutrition Per serving:** 63 calories; 5 g fat (3 g sat, 2 g mono); 13 mg cholesterol; 2 g carbohydrates; 0 g added sugars; 1 g total sugars; 3 g protein; 0 g fiber; 117 mg sodium; 37 mg potassium. **Carbohydrate Servings: 0 Exchanges: 1 fat**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2016						2
3	4	5	6 EMB BOM 1:30 or 6:00 Gardener's Alphabet	7	8	9
10 HNT 1:30- 4:30	11	12 Creative Stitchers 5:30	13	14 Buttermilk Basin 1:30 or 6:00pm	15 B&B Day	16 Foundation Paper Piecing 10:30
17	18	19	20	21	22	23
24	25	26	27 Gemstone 1:30 or 6:00	28	29	30
31						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2016	1	2	3 EMB BOM 1:30 or 6:00 Gardener's Alphabet	4	5	6
7	8	9 Creative Stitchers 5:30	10	11 Buttermilk Basin 1:30 or 6:00pm	12	13
14	15	16 Labyrinth 1:30 or 6:00	17 B&B Day	18 Hopscotch 1:30 or 6:00	19	20 Happy Birthday Leona (Mom)
21	22	23 Labyrinth 1:30 or 6:00	24 Gemstone 1:30 or 6:00	25 Hopscotch 1:30 or 6:00	26	27
28	29 Happy Leap Day					

**Hopscotch (42x58)** is a variation of a traditional Log Cabin.

It will be a 4 week class.  
Registration \$5.00 Class fee: \$75.00 (includes teacher fee, fabric for top & binding). Starts **February 18<sup>th</sup>**, 1:30 or 6:00 pm.



### **Gardner's Alphabet Embroidery & Quilt BOM starting in January**

This quilt is gorgeous! Sign up to join us for a 12 month BOM. The first 9 months we will be doing the embroidery) and then we will do the piecing the last 3 months so that you will have a completed quilt top!  
Cost: \$15.00 per month (includes all fabric for top, stabilizer and patterns) does not include backing or thread.

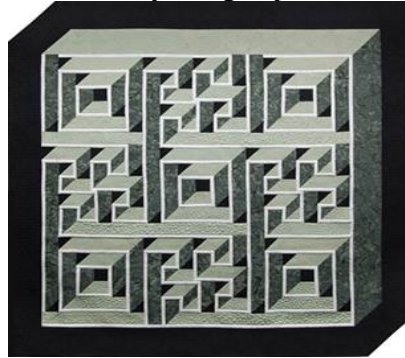
### **Foundation Paper Piecing Class**

Come join us for a one day class **January 16<sup>th</sup>**, 10:30. Learn the basics of this technique. It will give you a chance to learn paper piecing so you can make the Arcadia BOM that we are starting in 2016. \$50.00 (includes all supplies)

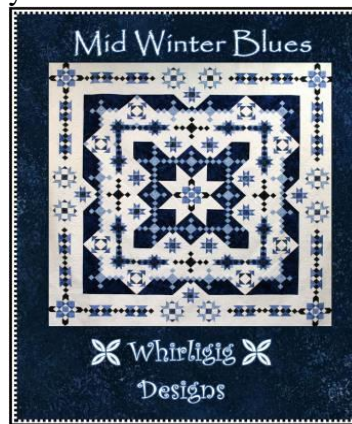


### **Labryinth Walk**

Can you say WOW! This quilt measures 84x84 and there are NO "Y" seams! Just 2 blocks! Come make it in just 4 weeks **Feb. 16<sup>th</sup> & 23<sup>rd</sup>, March 1<sup>st</sup> & 15<sup>th</sup>!** Registration \$5.00 Teacher Fee: \$50.00 Fabric kits available upon request (\$95.50 for over 11 yards of fabric, does not include back), please let us know when you sign up!



**Mid Winter Blues**, coming soon as a new 12 month BOM! We will be offering this in 3 different color waves (blue, red(burgundy) or green) size 68x68 for only \$12.00 a month plus tax. Get your name on the list fast!



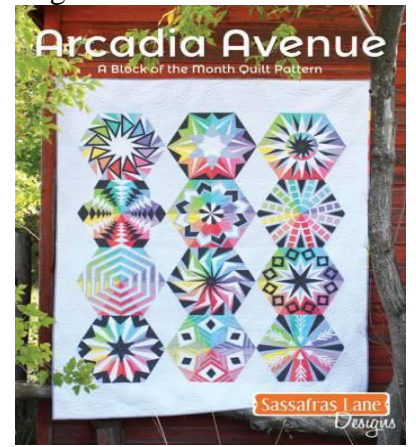
**NEW MYSTERY BOM** Starts in **March!!** 106x106, Oh my gosh beautiful, you will just have to take my word for it!!!! \$24.50 per month for 9 months! I promise you will love it! Sign up fast!

### **Little Woolies**

There is still time to join us for our yearly wool felt class! Sign up to join us for a 12 month BOM. Cost: \$12.00 per month (includes all materials except thread)



**Arcadia Avenue**, a new paper pieced BOM coming in 2016!! Stay tuned for details or get on the list now!



### **T-Shirt Quilt Class**

**Coming in April**, you will have all winter to clean out them closets and get your t-shirts gathered up! We will cover the basics including how to stabilize your t-shirts for a neat finished look! So get those closets cleaned out and join us for a series of 4 classes! Instructor: Leona Ragsdale  
Registration fee: \$20.00 (covers cost of book) Class fee \$50.00 plus cost of material.

## *New Stuff, Old Stuff, and Just Sew you know stuff!!!*

### **B & B Day (that is backing & batting day)**

Just bring in a completed quilt top on the 15<sup>th</sup> of each month and get 25% off the backing & batting

\*applies to regular priced fabric & batting

Note: B&B day in February, May & August will be the 17th

### **Going Green –**

Creative Hands is going green, so to help us and to help our world please bring your own bag from home! If you remember to bring your own bag then you will be entered to win a \$20 Creative Hands gift certificate that will be awarded each month!

**Open Sewing**– Did you know that you are welcome to come and sew at the shop anytime there is not a class scheduled??? Did you know that there is about 60-100 years of quilting experience here at the shop on any given day?

**Quilt Guilds** – Did you know that there are 20+ quilt guilds here in the Kansas City area?? Did you know that if you tell us you belong to a quilt guild you will get 10% off of any regular priced items??? It's true!

**Got Scraps???** – We will be starting a fabric scrap club in February or March! We will meet once a month and show you what to do with some of those scraps that are just too big to get rid of, you know the ones! We will have more details coming in the February newsletter!

### **Class Policies**

#### **Class Registration:**

All classes are filled on a first-come, first serve basis. Classes fill FAST and are limited in size. **Registration fee is due at sign up.** Phone registrations are welcome with a credit card.

#### **Class Refund Policy:**

We may cancel a class if the minimum number of students is not met seven days before the class begins. If we cancel a class we will gladly refund your money.

If you need to cancel or withdraw from a class please let us know as soon as possible so that we will not continue to cut kits for you, no refund will be given if the class has already started.

#### **General Rules:**

1. As a courtesy to others, no babies or children under 8 are allowed. Children over 8 are welcome to attend if they have paid the regular class fee and are accompanied by an adult registered for the same class.
2. Please arrive early for classes, as they will begin on time.
3. Please check each class description for supplies you need to bring or come early and we'll be happy to assist you with finding what you need (a discount of 20% off will be given on class day only for any purchases)

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#### Club and Group Updates

Buttermilk Basin: January 14<sup>th</sup> at 1:30 or 6:00

Creative Stitchers: January 12<sup>th</sup> at 5:30

Embroidery BOM: January 6<sup>th</sup> at 1:30 or 6:00

Gemstone BOM: January 27<sup>th</sup> at 1:30 or 6:00

#### January Weekly Sales

5<sup>th</sup>-9<sup>th</sup>: All left over clearance fabric 50% off  
(Oh my gosh, the clearance room has moved!!)  
12<sup>th</sup>-16<sup>th</sup>: All remaining Christmas fabric 50% off  
19<sup>th</sup>-23<sup>rd</sup>: All patterns and kits 25% off  
26<sup>th</sup>-30<sup>th</sup>: All thread and notions 25% off  
(Don't forget B&B day the 15<sup>th</sup>!)