

Quilt N Paint News

Creative Hands Quilt Shop and Decorative Painting Store
1907 W Foxwood Drive, Raymore, MO 64083 (816)331-1992
www.creativehandsquiltnpaint.com

August 2015

A Note from Sheryll

All,

I hope you have been staying cool! Maybe spending extra time in your sewing room!

What's new?? Check out these cute patterns from Lazy Girl



Thought I would try something new, so come join us on Saturday August 15th for open sew (10-4)! There will be goodies, drawings and freebies all day! Cost \$5.00 Everyone is guaranteed a prize! Please RSVP, there is only room for so many

I wanted to take a minute to give you an update on my health issues. First of all I want to thank everyone for the well wishes, stories and prayers, it has helped me make it through the last 3 months!! I start round 4 of my chemo on Monday! I am doing really well with it and my numbers are coming down! However, studies have shown that it is beneficial to do a stem cell transplant to keep the cancer at bay. I have Multiple Myeloma, so there is no cure just treatment. Doing the transplant will give me at least another 10 years to live my dream of having the quilt shop! Then in the next 10 years I am sure they will come up with another treatment option! I will be starting the transplant procedure the beginning of September. The stem cell transplant & additional chemo will put my immune system at zero so I will not be able to come into the shop for awhile! I am going to miss you all SO much, just thinking about not being able to see all of you makes me cry. I will continue to work behind the scenes! I just ask that you continue to come in and shop and show off your beautiful quilts and projects! I am going to have my helpers take pictures so I can still see everything! I am so blessed to have helpers that will be covering the shop for me! Please come in and shop and keep supporting me!

Don't forget to check out the sales on the last page of the newsletter!

Happy quilting & painting!

Sheryll

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- Store Hours:
Sunday: Closed
Monday: Closed
Tuesday through Friday 10-5
Saturday 10-4
If you need me to stay late all you have to do is call and let me know!
816-331-1992

Creative Hands Word Search

Quilting

B D P K B O J A W B K W E S L H H K B T G O G S
 D E Q R R D M Z U W I D T G N I K A M I N N Y U
 I N Q J O Z O I O D A A S X R T N R P K I I V Z
 D I S W F J L E T M R Z E I B E N E I T Y N J D
 X M T L H D E H X T F C W P K X U J A E R B X J
 T R P Y I J S C S S X A N M B B U L T M A E D T
 D E S N F C T V T S R K D C W E U A C Q V A E N
 F T G B Y N E W N S T A Y O X D E U W H E U Q T
 W E M E R G E S T H Z R S Y N R H G S W S T P B
 A D G Z Y Y T Z O R W K I U C B T Y Y O R Y F W
 D E K N J B O G D X A I Y P U Y D S O R W M I X
 Y R J A I G G E D Q R P E I S N I A P O D T O G
 V P U W K T E K C I R B A F X E W E R I H H J N
 P I X B H K T K P B B S A R P E T P I B R A T I
 I X E O H X H U P H I K O E M T I S O O B T Z W
 E F A R S B E G C W S J Q Q E Q P E Z C R U S E
 W O C O W B R L F B J F V U M I V U K I V Z N S
 G N E T K D E R I U Q E R I N U B N B B Y P V A
 S E A M M A Q N N J Q U D L Q T R Y I D B N F X
 U U M D F P D F C L H Z I T P E Q V O U P O M U
 J F B Q M G B S T R A T A S T R J U A G P M E K
 S E Q U E N C E S P F W W T T I D K J A N F K Y
 C T Y B Y V E Y N U V Z A P X I E M L Q V A K E
 Y L Y E K D V V T Q G P G X B R J N N K A H F U

APART
 BEAUTY
 BUILDING
 CREATE
 CUTTING
 EMERGES
 FABRIC
 LINE
 MADE
 MAKING
 PATTERN
 PREDETERMINED
 PROJECT
 QUILTS
 REQUIRED
 SEAM
 SEQUENCES
 SEWING
 SEWN
 SLICES
 STARTS
 STRATA
 STRIPS
 STRIPSETS
 TOGETHER
 UNDULATING
 VARYING
 WIDTH
 WIDTHS
 WITH

Favorite Recipes

Slow Cooker Lasagna

It's just too hot to turn on the oven so try using your slow cooker instead!

Ingredients:

- 1 lb. ground beef
- 1 jar (24 oz.) spaghetti sauce
- 1 cup water
- 1 container (15 oz.) Ricotta Cheese
- 1 pkg. (7 oz.) 2% Milk Shredded Mozzarella Cheese, divided
- 1/4 cup Grated Parmesan Cheese, divided
- 1 egg
- 2 Tbsp. chopped fresh parsley
- 6 lasagna noodles, uncooked

Directions:

- Brown meat in large skillet; drain. Stir in spaghetti sauce and water. Mix ricotta, 1-1/2 cups mozzarella, 2 Tbsp. Parmesan, egg and parsley.
- Spoon 1 cup meat sauce into slow cooker; top with layers of half each of the noodles (broken to fit) and cheese mixture. Cover with 2 cups meat sauce. Top with remaining noodles (broken to fit), cheese mixture and meat sauce. Cover with lid.
- Cook on LOW 4 to 6 hours or until liquid is absorbed. Sprinkle with remaining cheeses; let stand, covered, 10 min. or until melted.



| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----|--------|-----------------------------------|--|--|--------|-------------------------|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 EMB BOM 1:30 or 6:00 Bargello Tree Skirt 6:00 | 6 | 7 | 8 Painting BOM 11:00 |
| 9 | 10 | 11 Creative Stitchers 5:30 | 12 | 13 Buttermilk Basin BOM 1:30 or 6:00 | 14 | 15 Open Sew |
| 16 | 17 | 18 Mystery BOM 1:30 or 6:00 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 Timeless Treasures BOM 1:30 or 6:00 | 28 | 29 |
| 30 | 31 | | | | | |

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|-----------|--------|-----------------------------------|---------------------------|--|--|---|
| | | 1 | 2 EMB BOM 1:30 or 6:00 | 3 | 4 | 5 |
| 6 | 7 | 8 Creative Stitchers 5:30 | 9 | 10 Buttermilk Basin BOM 1:30 or 6:00 | 11 | 12 |
| 13 HNT | 14 | 15 Mystery BOM 1:30 or 6:00 | 16 | 17 | 18 Raymore MO Quilt Guild Show Northland Needler's Quilt Show | 19 Raymore MO Quilt Guild Show Northland Needler's Quilt Show |
| 20 | 21 | 22 | 23 | 24 Timeless Treasures BOM 1:30 or 6:00 | 25 Twilight Stitchers Quilt Show | 26 Twilight Stitchers Quilt Show |
| 27 | 28 | 29 | 30 | | | |
| | | | | | | |

September 2015

Check out the new BOM starting in October of this year!

Semstone

By Wing and a prayer
All batik fabric by Timeless Treasures
This will be a 12 month block of the month!

Registration: \$10.00

Monthly fee: \$20.00(includes tax) includes all fabric for top& pattern.

The top is finished and hanging in the classroom, stop by any time to see it!



Got T-Shirts? Then come and make a t-shirt quilt with us! We will cover the basics including how to stabilize your t-shirts for a neat finished look! So get those shirts out and join us for a series of 4 classes! Classes starting in August

Instructor: Leona Ragsdale

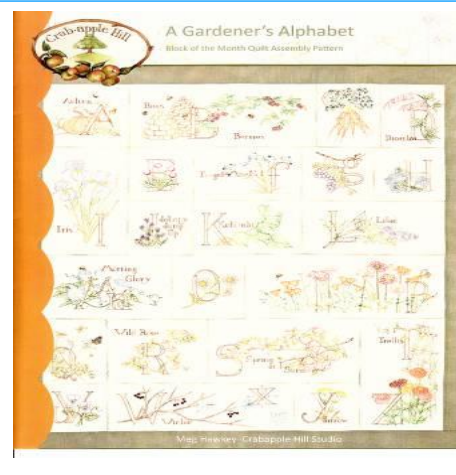
Registration fee: \$20.00 (covers cost of book) Class fee \$50.00 plus cost of material.



Thanks so much for all that you do! I am so blessed to have each and every one of you in my life!!!



Little Woolies & Cotton 12X12 BOM starting in January
Sign up to join us for a 12 month BOM. A little piece & a little appliqué, a little wool felt and a little cotton! Cost: \$12.00 per month (includes all materials except thread)



Gardner's Alphabet Embroidery & Quilt BOM starting in January
This quilt is gorgeous! Sign up to join us for a 12 month BOM. The first 9 months we will be doing the embroidery & color tinting (if you want) and then we will do the piecing the last 3 months so that you will have a completed quilt top! Cost: \$15.00 per month (includes all fabric for top, stabilizer and patterns) does not include backing or thread.

Class Policy

All classes are filled on a first-come, first serve basis. Classes fill FAST and are limited in size.

Registration fee is due at sign up.

If you need to cancel or reschedule, we would appreciate 12 hours notice. As a courtesy to others, no babies or children under 8 are allowed. Children over 8 are welcome to attend if they have paid the regular class fee and are accompanied by an adult registered for the same class. Please arrive early for classes, as they will begin on time. Please check each class description for supplies you need to bring or come early and we'll be happy to assist you with finding what you need.

We do not require that you purchase your supplies from us; however we would appreciate it if you did. So to help you out we offer class participants a 20% discount on any purchase made during class.

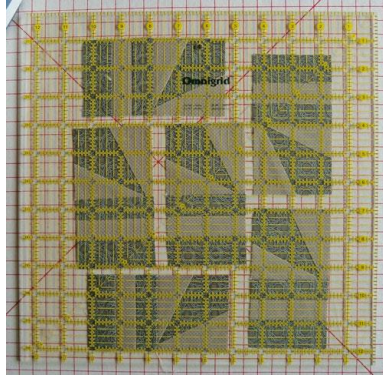
Quilting Tips

Perfectly flat quilt blocks

The technique isn't dependent on 'which way' the seam allowances are pressed, just that they ARE pressed. Be careful not to press in any tucks at the seam allowance. I frequently finger press the seam allowance first and that seems to avoid any tucks.

HERE COMES THE MAGIC!

After pressing your blocks or units (remember, they're still hot from the iron), lay your rotary ruler on top of them. The ruler might steam up a little, that's OK.



Now for the hard part.....don't remove the ruler until the block is cool--it's more apt to stretch when it's damp. It won't take very long. But it must cool completely. Once it is, you're ready to get back to piecing! That's ALL there is to it! Surprised?! I certainly was! But it's that simple to get amazingly flat quilt blocks and units!

Painting Tips

1. Every piece of clothing you own has gesso or paint on it.
2. Other girls shop for shoes. You buy brushes
3. The newest piece of furniture you own is an easel. It cost more than your kids' university tuition.
4. You dip your brushes in your coffee and drink the turpentine.
5. You paint more than you talk.
6. Your studio takes up more floorspace in your house than your kid's toys.
7. Your spouse tells you that he loves the colour of your new lipstick, only you don't have any on.
8. You look at the sky and describe the horizon in shades of cerulean, ultramarine and cobalt.
9. You describe everything in your life as a "work in progress"
10. Your friends remark on your interesting hair colour. It's paint.
11. Every year, you ask Santa to bring you paint.

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Club and Group Updates

Creative Stitches: 8/11 @ 5:30
Heart 'N Tolars: See you in Sept.
Embroidery BOM: 8/5 at 1:30 or 6:00
Buttermilk Basin: 8/13 @ 1:30 or 6:00
Birds in Bloom: 8/8 at 10:30
Mystery BOM: 8/18 @ 1:30 or 6:00
Timeless BOM: 8/27 @ 1:30 or 6:00
American Sewing Guild:

August Weekly Sales:

4th-8th: All books & patterns 25% off
11th-15th: All Fall & Halloween 30% off
18th-22nd: All batting and fusible 30% off
25th-29th: All thread & Notions 25% off