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## Printing Instructions for Patterns

**NOTICE:** The pattern is on the next two pages. Print both pages, cut and tape them together, overlapping the gray area as noted on the pattern.

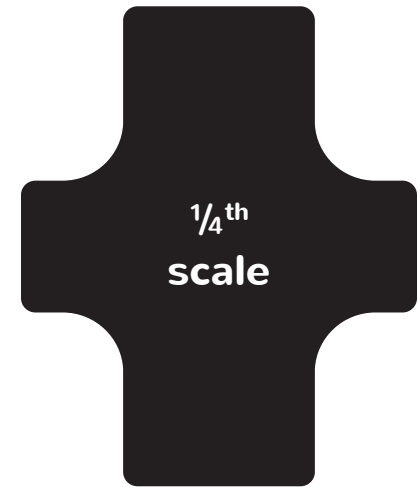
When printing, ensure the printer settings are selected to print in 'actual size'. These settings are in the Print Settings box which is displayed when you initiate the printing from the Adobe program. (That is, these settings are not on the actual printer.)

**Follow these steps to download and print the pattern** (using a different approach may result in the pattern being printed in the wrong size):

- **Download the pattern and SAVE IT** to your desktop (or hard drive). Do not print directly from the browser because the printout will most certainly be sized incorrectly; it may appear you can print directly at this point but do not do so as it will certainly cause sizing errors.
- **Close your browser** (for example, Internet Explorer or whatever program you use to surf the internet). Closing the browser will ensure you are not printing directly from the internet.
- **Open the pattern file from your computer** (wherever you saved it, for example, the hard drive or the desktop)
- The pattern will open via the Adobe Reader program. (You must have the Adobe Reader program installed on your computer. This program is easily downloaded from [www.adobe.com/reader](http://www.adobe.com/reader) if you do not already have it.)
- **When triggering the printing, the PRINT dialog box will appear. STOP TO REVIEW the print settings and CORRECT them if necessary. Ensure the printing selections are set to print "100%" or "actual size" or "full size" etc. Do not use "fit" or "fit to page" or any scaling adjustment – this will cause sizing errors. Warning: software program settings are often pre-set to utilize scaling options and/or 'fit to page' so you must manually deactivate/change these settings to get a correctly sized printout.**
- After taping the two parts, please **use a ruler to measure the printed pattern**. If you have followed these instructions, but the measurements are still off, please email [sewingspecialist@daysforgirls.org](mailto:sewingspecialist@daysforgirls.org) for assistance. It is crucial the pattern be sized correctly in all aspects. Your precious time, energy and resources will be spent making the shields. We want it all to be spent wisely and result in shields that are effective and useful for the girls.



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## Days for Girls International Shield Pattern

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Rev 03.05.2015

∨Align Folded Edge of Pocket Here∨

Pattern dimensions:  
10" long x 8<sup>1</sup>/<sub>4</sub>" wide  
(25.4 cm x 21 cm)

<sup>1</sup>/<sub>4</sub>" Seam Allowance  
included in pattern

Finished shield size:  
9<sup>1</sup>/<sub>2</sub>" long x 7<sup>3</sup>/<sub>4</sub>" wide  
(24 cm x 20 cm)

Distance between  
pocket placement lines  
is 5 inches (12.7 cm)

Snap centered  
<sup>1</sup>/<sub>2</sub>" from finished edge

To ensure a properly made shield,  
follow the directions provided in the  
DfGI Shield Instructions document.  
Fabric guidelines and cutting and  
sewing directions are included there.

^Align Pattern Pieces Here^  
Overlap Area for Taping





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Pattern is continued from previous page.  
Tape pieces together, aligning dots  
to complete pattern.

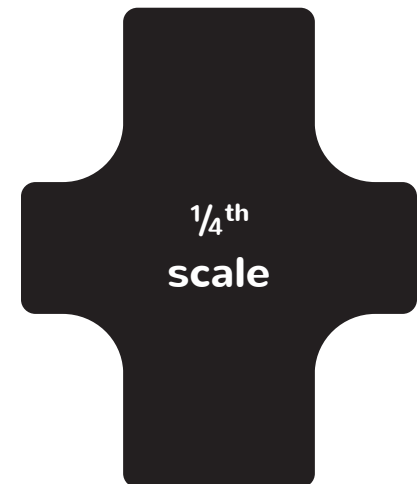


## Days for Girls International Shield Pattern (continued)

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^Align Folded Edge of Pocket Here^

To cut the pockets,  
use the pattern piece  
on the next page.  
To sew the pocket,  
follow directions  
in the Shield Instructions.





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## **Days for Girls International Pocket Pattern**

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∨**Fold Here**∨

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**Cut pocket piece 5" x 4 1/2"**  
**To sew the pocket,**  
**follow directions**  
**in the Shield Instructions.**