



"A LITTLE BIT OF COUNTRY"

LINDON CITY NEWSLETTER

NOVEMBER 2010

Mayor

James A. Dain

City Center Offices

100 North State Street
Upper Level
785-5043

Community Development

100 North State Street
Lower Level
785-7687

Public Works

946 West Center Street
796-7954

Justice Court

100 North State Street
Upper Level
785-1971

Police

100 North State Street
Lower Level
Emergency - 911
Non-emergency Dispatch
229-7070
Police Department Offices
769-8600

Fire

Emergency - 911
Non-emergency Dispatch
229-7070
Other Fire Services
229-7327

Aquatics Center

60 West 60 North
610-4160

City Website

www.lindoncity.org

COMMUNITY THANKSGIVING DINNER

See the enclosed flyer for details on this new tradition and how you can help! Contact Mayor Dain at jdain@lindoncity.org with questions or to help.

Parenting Skills Seminar

Most of you as parents in Lindon are familiar with the NOVA program which we present to every child in Lindon through our School Resource Officer, Officer John Lloyd. The acronym NOVA stands for Nurturing Opportunities, Values and Accountability. NOVA, though dealing with some similar topics as the national DARE program, provides what I feel to be a more extensive, in depth program which teaches kids life alternatives and techniques that they can realistically use in their lives every day.

Developed here locally and first instituted in Orem City, NOVA teaches our kids locally recognized values and life skills. The NOVA principles and training techniques are currently becoming widely recognized for their effectiveness and the program is being accepted into an expanding number of community programs in schools across the nation. We are very fortunate to be located so near the creative center of the program where we have the ability to interact closely with the guiding minds behind NOVA.

I am excited this month to be able to announce to each of you that as a Police Department, we are sponsoring a free Parenting Seminar with Dr. Paul Jenkins, creator of NOVA and many other life skills programs.

From his bio:

Dr. Paul H. Jenkins, often referred to as "Dr. Paul" through his radio identity, is a clinical psychologist and life coach. Dr. Paul's coaching is designed to help individuals, couples, executives, leaders and families to discipline their thinking and overcome barriers to success and prosperity. Through his career, Dr. Paul has specialized in counseling and consultation with children, adolescents and families. He has developed expertise in conflict resolution, especially in the context of high conflict family situations. Dr. Paul brings this experience to share powerful images and real-life examples of overcoming challenges to inspire his clients to see their own world more truthfully.

Please join us on **Wednesday, November 17, 2010 at 7:00 pm** in the Oak Canyon Jr. High Auditorium as Dr. Jenkins will speak with all interested Lindon parents. Dr. Jenkins' presentation that evening will focus at our request on; the psychology of parenting, helping your children overcome the challenges they face and helping your children manage anger.

Again, there is no cost for this information and the benefits to us as a community may be far-reaching. I encourage all to attend and look forward to meeting each of you there that evening.

Chief Cody Cullimore, Lindon City Police Department